

Women volleyballers No. 1



Happy Holidays

el DON

SANTA ANA COLLEGE

Vol. LII

No. 12

Santa Ana, California 92701

Dec. 17, 1976



Striped balloons with presents and Santa's helpers greet shoppers at Westminster Mall.

(photo by Jeff Barton)

Inside el DON's Christmas issue

News

***Recent proposed regulations by the Veterans Administration, if adopted, might cause all vets to lose their school benefits. See page 2.

***If you feel you're being discriminated against because of your sex, there's now a person to contact. See page 2.

***SAC students don't have to worry about earthquakes on campus because not even King Kong could shake our buildings. See page 3.

Editorial

***Credit by Examination is being neglected by students and the story on page 5 tells you why.

***The Salvation Army works year-round but is mostly noticeable for its activities during the Christmas season. See page 6.

***Recent news stories have told about the treatment of Americans incarcerated in Mexican prisons. el DON presents the pros and cons of the story on page 7.

Feature

***Take a look at Christmas on pages 8 and 9. SAC's reporters did and took the time to write about things the average person probably doesn't know about this festive season.

***Folk-singer Woody Guthrie's life is depicted in a new movie, *Bound For Glory*, which is reviewed on page 11.

***Explaining what makes hearing possible or what makes airplanes fly is part of Elmer Klippenstein's job as a physical science instructor. Photos on page 12.

Veterans face possible loss of school benefits

by John Barna

"If the Veterans Administration in Washington implements regulations it is about to adopt, veterans receiving educational benefit checks for school attendance may have that financial support terminated."

This warning was contained in a letter by Lloyd Messersmith, executive director of the California Community and Junior College Association, of which SAC is a member, to the RSCCD Board of Trustees.

The source of the concern is the recently signed Veteran's Education and Employment Assistance Act of 1976. As part of its responsibility to adopt regulations concerning the new law, the Veterans Administration (VA) has been distributing a circular entitled "Extended 85-15 per cent Ratio Requirements." This proposed rule states that if more than 85 per cent of any class were receiving financial aid from any federally-funded program, the veterans in that class would not be paid for that specific program.

Federally-funded means any student receiving monies from Social Security, National Student Defense Loan, Basic Educational Opportunity Grants or any source of government aid.

Dr. John Johnson, president of SAC, said that "this has serious implications for all vets in California. The colleges will become bookkeepers."

Veterans are not now subject to any check by the school. What the ruling will force the institution to do is create a system by which it can keep track of the number of veterans and other students receiving federal aid in every classroom. "There would have to be a constant check," said Dr. Johnson, for the class enrollments vary almost daily in the initial weeks of a semester. If withdrawals or drops from a program caused it to reach the 85 per cent ratio, all vets in that class would not be paid for that class.

"The consumption of time to keep track of the veteran would kill us," said Isabelle Rellstab, vice president of Student Affairs.

Every institution across the country would have to certify that the 85-15 ratio is being observed. A Nov. 30 memorandum by the VA stated that "if the computation and certification of the 85-15 ratio is not received by Jan. 31, 1977, no further extension will be granted, and no further enrollments of veterans will be processed."

Simply stated, if the schools do not play ball, all veteran's benefits will be terminated and they will not be allowed to enroll in school.

"To comply, the colleges would need to possess sophisticated and/or computerized data-gathering processes and sources of information which simply do not exist within the present capabilities of the institutions," said Dr. Messersmith.

Rellstab "foresees veterans groups speaking out." She said that they would have to bring pressure to change the proposed rules.

Dr. Johnson stated that a letter would be sent to both Senator Cranston in Washington and the VA. Within two weeks the school will know whether it can comply with the proposed ruling. He felt that "many of the colleges in the state cannot comply with this."



COMING TOGETHER - Trustee Carol Enos, seated, (l), enjoys her meal at the ASSAC/Board of Trustees Luncheon last Monday. Waiting in line are Trustee Ed Taylor, (l), Isabelle Rellstab, vice

president of Student Affairs, and Dr. Richard Sneed, vice president of Academic Affairs, talking to Darlene Jacobson, ASB vice president.

(photo by Chris Aljott)

County Board to ratify paramedic contract locale

SAC's involvement in the training of Orange County paramedics could end next year if the County Board of Supervisors votes next Tuesday to accept committee recommendations to award an exclusive training contract to UCI Medical Center.

The board voted last month to provide all county paramedic training by a single agency. The issue was referred to the Emergency Medical Care Committee and an eight-member panel was set up to review bid proposals from UCIMC, SAC and Santa Ana-Tustin Community Hospital (SATCH).

The three agencies were examined in the areas of curriculum (40 per cent of the total points), cost (20 per cent) program experience (20 per cent) and agency qualifications (20 per cent).

SAC scored low with 40 per cent as compared to SATCH with 60 per cent and UCIMC with 90 per cent.

Cost is expected to be a major factor in the board's final decision. SATCH turned in the low bid with a figure of \$174,500 but sub-committee members privately expressed doubts that this was a realistic estimate. UCIMC offered the mid-range amount of \$236,000.

The SAC proposal was unique in that it offered four possible arrangements for administering the paramedics training program with figures ranging from \$442,964 for the college to take full responsibility on a contractual basis, \$351,504 for joint sponsorship with SATCH, \$296,780 with both other agencies involved and \$177,470 for an arrangement to interweave all three and offer a

program open to all persons in order to qualify for state funds.

The SAC proposals were criticized as being "top-heavy administratively" and for not showing sufficient program experience.

SAC currently gives college grades and transfer credit to students who complete the course at either UCIMC or SATCH.

The man who assembled the SAC proposals, Dean of Applied Arts and Sciences, George Osborne pledged last week, "If we lost the bid we would continue to cooperate with whomever gets the contract in any way we can."

"The board has the final authority," he added. Osborne pointed out that the SAC paramedics training concept is patterned after the nursing program which he described as "one of the most outstanding in the state."

Compliance officer to handle sex discrimination complaints

by John Barna

Ernest Norton, vice president of Fiscal Affairs, has been officially designated as the Title IX Compliance Officer by the RSCCD Board of Trustees at their Dec. 13 meeting.

Title IX is that section of the Educational Amendments of 1972 that forbids any discrimination on the basis of sex in educational programs or activities which receive federal funds.

Norton is the person to contact if one feels that they have been discriminated against on the basis of sex with regards to admissions, treatment as a student, or employment. His office, S-201, is located in the Administration building and his telephone extension number is 365.

Title IX requires any institution receiving federal monies to undergo a self-evaluation in all areas and if any sex discrimination is found, to eliminate it. As incentive to comply with the regulations, Health, Education, and Welfare, (HEW), who is charged with their enforcement, can withhold any federal aid a school receives. SAC will acknowledge an estimated \$1.2 million in aid this year.

Grievance procedures are also required to be established. Employees of the district have them but there are none for students. On Sept. 9, Norton sent to the Office of Civil Rights in Washington, D.C., a signed compliance form that said the RSCCD is in adherence with Title IX and in the process of developing student grievance procedures.

Isabelle Rellstab, vice president of Student Affairs, is in charge of a committee that will submit to the board in January their plan for the proposed guidelines. Once adopted, they will be widely disseminated so that all students are aware of their rights to be treated as equals.



HOT DOG! - Students line up for munchies and music at last Wednesday's BBQ, sponsored by the ASB. The noon-time show was a preview of tomorrow night's concert in Phillips Hall.

(photo by Smith Pineo)

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Women getting nearer

Plan strives for equality

by Kim Kavanagh

Equal opportunity has been an issue in America since our founding fathers established our government.

The Affirmative Action Plan is an example of one of the attempts pursued to balance opportunity across the nation.

Simply, the affirmative action is to give equal opportunity without discrimination on the grounds of race, color, religion, sex, age, ancestry, national origin, citizenship or physical handicap.

SAC adopted such a plan in 1971 in the endeavor to establish a more proportioned faculty and administration.

All actions which involve hiring, advancing position, recruiting procedures, rights and benefits fall under the guidelines of the affirmative action policy.

Recently a survey was taken to see the changes in SAC's employment pattern. In 1971, 29.9 per cent of the people employed at SAC were women compared to the 1974 figure of 36.8 per cent. That makes an improvement of 7.9 per cent.

Today in the faculty there are 263 full-time men and 201 full-time women employed.

The administration has also blossomed with the hiring of more women.

Out of three vice-presidents, one is a woman. Isabelle Rellstab heads Student Affairs, which is comprised of counseling, admissions, student support services, student personnel, special services and student activities.

Rellstab believes the plan is working quite well placing women farther up the ladder all the time.

"I never dreamed I would receive a position like this when I began teaching," Rellstab said.

When asked why there are more men in administrative jobs, she replied, "Because there are more male applicants for the jobs."

There are 11 positions as dean at SAC, and only one is held by a woman. Her name is Donna Farmer, dean of Instructional Services, which entails library and media services.

She sees a "radical change" in the employment status, not only at SAC, but in all the state's community colleges.

Farmer also stated that there is "no doubt it will keep changing in the future and more and more women will be hired."

It looks like SAC has promoted women into more jobs and into positions of power as dictated by the Affirmative Action Plan. But in our society, where the male continues to dominate the job market, the precedent must still stand, is it equal?

Earthquakes: SAC thwarts tremor's effects

by Victor Cota

Today is Friday, Dec. 17, the last day of regular instruction before the Christmas recess. In three days an earthquake has been predicted to strike Southern California. If it does, SAC students don't have to worry about getting injured they won't be here.

But even if they were, the chances of being damaged would be slim. The buildings that house the 17th at Bristol college were well-built, so well in fact that Security Chief Thomas Trawick dares say they are "as safe as they can be."

After the 1933 Long Beach quake, a Field Act was passed by the California legislature that demanded each structure used for instruction be built to withstand a relatively strong quake.

"Every building on this campus meets these standards," Trawick offered. "In fact, every building in all the district is completely covered."

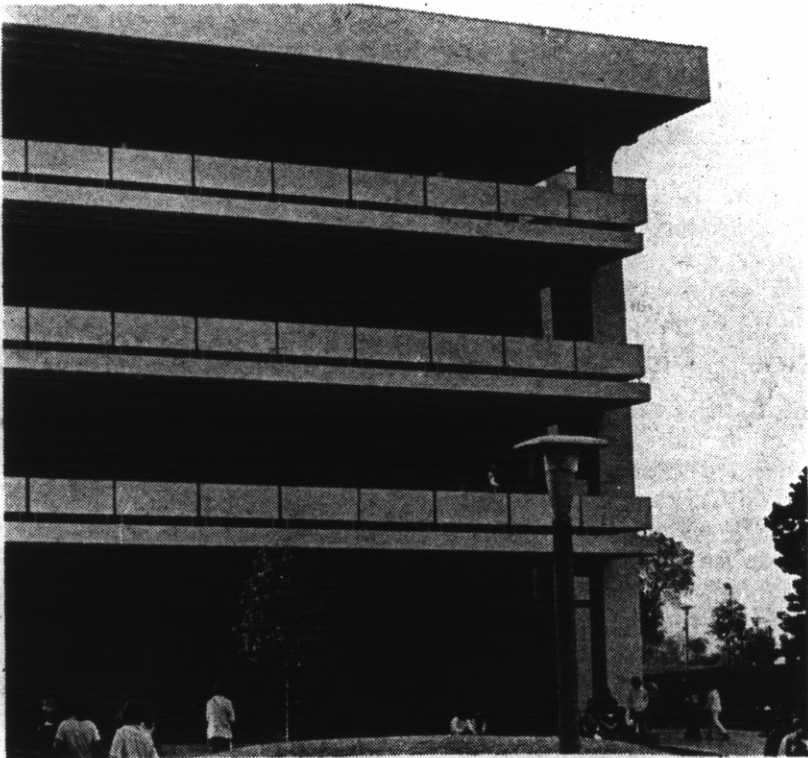
The Chief said that every schoolhouse in the state must meet the criteria set by the Department of Architecture and then must comply with local standards, which are normally less stringent.

"Usually if a building meets the state standards they are almost sure to meet the local," he added.

This act does not apply to private buildings that house adults only. For example, Chapman College uses the old Orange High School buildings on Glassell Avenue which do not meet the Field Act regulations. And since it is a private institution, it is up to their board to decide whether to comply or not.

At SAC, only the "A" Section, where Business and Administration is instructed, was built before the Field Act went into effect. But, as required by law for old buildings, this part of the campus was brought up to standards and its use is permitted.

Trawick said SAC structures also conform to fire standards, building code specifications and state license inspections.



In support, the Assistant Dean of Continuing Education at SAC mentioned that often, when buildings fall during a shaker, the roof caves in because it is seldom connected to its walls. But, he mentioned, this is not likely to happen at SAC because the buildings are steel beamed and the walls are tied to the roof.

Another strong point brought up was that the concrete foundations supporting the constructions are from 2 to 72 feet deep. According to Director of Maintenance and Operations George Pace, the footing differs with the weight and height of the buildings.

"The foundations vary from 2 to 72 feet throughout the campus," Pace said. "Solid concrete and steel is put in to protect the buildings."

Pace stated that after digging

the foundations, the soil is compacted to about 90 per cent of its original compaction.

"Before we put up a building we have to take geological and seismic tests. Then we must contact the Office of Architecture and Construction in Sacramento so they can check on the work. For Dunlap Hall we had the basic working prints about 18 months before we got started."

Students planning to escape to other parts of California will not find shelter because faults run throughout the land. Instead, some advice is given to know what to do if, and when, the next shocker hits: Don't panic, don't run. Don't use the telephone unnecessarily. Stay away from damaged localities. Avoid broken wires. Don't spread wild rumors. And, as Trawick said, don't ride the elevators!

Campus News Briefs

Vocal students to benefit

Applications for voice students interested in taking part in the third annual, "Festival Of Learning," are now available in the Community Services Office.

The festival is an opportunity for gifted students to study voice with internationally acclaimed Master Teachers.

Sherrill Milnes, a Baritone with the Metropolitan Opera, and Professor Natalie Limonick, of USC's Opera Workshop, are two of five instructors on the roster of Master Teachers.

Applications are due Dec. 31 in the Community Services Office. The auditions will be held Jan. 9.

For more information call 835-3000 ext. 317.

New adult classes to open

The Continuing (Adult) Education Division is offering six classes at the Adult Learning Center, all commencing during the first week of January.

Conversational Spanish, shorthand, bookkeeping, driver training, secretarial and business skills and a special course in bird identification will be given.

All the classes cost \$5 plus material fees excluding driver training which is \$25.

The classes meet at the center, 541 N. Lemon St., Orange, and high schools in the outlying areas.

For the specific date and time that instruction begins for each class visit the adult center or call 997-1610.

Women's art presented

The Art Gallery is presenting a "Group Women's Show," in coordination with the Los Angeles International Cultural Association for L.A. County's plans to support the "1976 International Year Of The Woman," in visual arts.

The show is presented free, running now through Jan. 20. Drawings by Nancy Buchanan, constructions by Sally Ehrlich and ritualistic sculptures by Hazel Slauson will be included.

Gallery hours for this presentation are: Monday-Thursday 11 a.m.-3 p.m., Friday 10 a.m.-1 p.m. and Tuesday and Thursday 7-9 p.m.

Christmas music slated

The SAC Concert Chorus and the Evening/Community Chorus will feature an evening of Christmas music tonight at 8 in Phillips Hall.

Under the direction of Larry Ball, works by Britten, Kraenenbuehl, Hassler and Gasparini as well as Handel's Messiah will be performed.

The concert will be free of charge.

Campus Calendar

SAC's new Children's Theatre presents, "You're A Good Man Charlie Brown," in Phillips Hall, Jan. 10-13.

Directed by Theatre Arts faculty member Sheryl Huffine, the show will be open to elementary school children of Orange County as well as the public.

Admission is \$1 for adults and \$.50 for children.

Phone the Theatre Box Office between 1 and 4 p.m., Monday-Friday for more information and reservations...

ASB is sponsoring "Rain - An Evening With The Beatles," tomorrow night at 8 p.m. in Phillips Hall.

Ticket prices are \$3 in advance, \$3.50 at the door and \$2.50 to ASB Card Holders.

Tickets can be purchased in the Activities Office, U-12...

The Planetarium will offer a new show entitled, "The Creation Of Earth," beginning Tuesday, Jan. 4 at 7:30 p.m.

The program will explore the theories of how our planet came to be.

Admission is free of charge but reservations are required. Call 835-3000, ext. 317...

The Ballet Pacifica of Laguna Beach will be presenting, "The Nutcracker," in Phillips Hall on Dec. 20 and 21 at 7:30 p.m.

Admission is \$2 for adults and \$1 for children...

SAC's Nealley Library will be open during the holidays, Dec. 20-22 and Dec. 27-30, 7:30-4 p.m. ...

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Bookstore struggles to survive

Enrollment drop, publisher revisions, inflation spiral raise prices; student loans available to buy books

by Joe Butatz

If you asked the average SAC student his opinion of the Don Bookstore, his answer would probably remind you of the Listerine commercial, "I hate it, but I use it two times a year."

At times the bookstore must feel like General Custer at the Battle of the Little Big Horn when surrounded by so many hostile Indians asking himself, "What am I doing here?"

This "love/hate" relationship between the students and the bookstore, has been going on for years, but has been more noticeable today because of the rapidly rising book prices. When you're the most profitable business on campus, you can expect some barbs, slings and a lot of misunderstanding, especially from students who see the high prices as a "rip off."

To clear the air and bring about a better understanding of the bookstore by its patrons, el DON undertook a comprehensive report soliciting views, opinions and suggestions from students, teachers, the bookstore, Associated Students (ASB), lost and found, auxiliary services, SAC Loan Fund, Extended Opportunity Program Service director and SAC President John E. Johnson.

Student's comments centered around the following subjects. On the price of books: "They cost too much, especially the paperbacks," replied Diana Lee, a journalism student, who added

"We do have a markup of 0-20 per cent over the price but under no circumstances will we sell a book for more than the publisher's suggested retail price."

"Textbooks with minor revisions should not be ordered to make the old ones obsolete, because this gives the publishers and some teachers an opportunity to make excessive profits off students."

On a student book loan: "I didn't know loans were available until it was too late," said one anonymous student. Thirty-seven per cent of the students surveyed said they would use a grant to purchase books if it were available.

About used book resale value: "I think the bookstore can pay higher prices for used books," said Dean Lyon, photography student, "but I don't put my name in the book because that lessens its value upon resale."

On lost or stolen books: Most students do not know that the bookstore holds misplaced books and personal items.

On bookstore profits: "No I didn't know the bookstore supports any activities on campus, but I know they make a lot of money," answered Sean Reilly, a communications student voicing the majority opinion of the students surveyed.

"Teachers try to keep textbooks as long as possible," said Robert Peters, director of Real Estate Studies at SAC, "but publishers are constantly revising



BETWEEN THE COVERS - Albert Hanna purchases one of his books from Don Bookstore employee, Emma Whitley. The Bookstore operates and reissuing books.

"This semester started off on the wrong foot," according to Marjorie Stuart, manager of the Don Bookstore, "due to the cancellation of some classes, which brought about an unexpected 2,067 drop in enrollment."

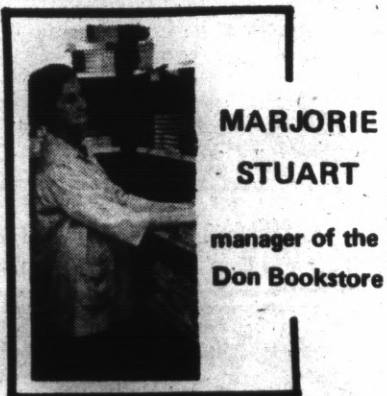
"All these extra books were ordered and paid for by the bookstore," explained Stuart, "and now we have to get our money back the best way we can." The bookstore spent \$14,825 in shipping costs during fiscal year 1975-76.

"We do have a markup of 0 to 20 per cent of the wholesale price, but under no circumstances will we sell a book for more than the publishers suggested retail price," said Ron Sabo, director of Auxiliary Services.

"To keep costs down," explained Sabo, "we do not add shipping costs or a 10 per cent surcharge to the retail price of the books."

Stuart said, "I think we have a good buy-back policy at SAC, although we are too dependent upon the instructors, and the publishers really dictate whether we can buy the book back at all. In other words, if we can use it we'll usually buy it."

"Thousands upon thousands



MARJORIE STUART
manager of the Don Bookstore

of dollars worth of books have been turned over to the bookstore," exclaimed Stuart, "most of which end up with the Associated Students. It's ironic that some books have names, addresses or phone numbers in them, but both the bookstore

and ASB do not have the time, money or personnel to contact the rightful owners."

The Don Bookstore's whole financial year is centered around a few weeks at the beginning of each semester. The remaining 10 months the bookstore operates at a loss, but stays open for the convenience of the students. "Salaries and operating expenses must be met whether we're making money or not," said Stuart, who must also administer the bookstore budget.

"I'm also concerned about the rise of book prices," said Dr. John E. Johnson, SAC president, "and I have asked the faculty to retain textbooks for a minimum of three years when possible and use more paperbacks also."

"The Don Bookstore offers

"... We are too dependent upon the instructors and the publishers really dictate whether we can buy the book back at all."

some of the lowest prices in California," he said, "and is well-managed when compared to other college bookstores." An el DON survey substantiated the above statement.

The Diversified Students Funds Budget Proposal for Fiscal Year 1976-77 shows 36 campus activities allotted bookstore money, some of which are: Athletic Awards \$3,000, football \$8,300, women's volleyball \$1,300, Band \$4,000, Forensics \$4,800, SAC Public Relations and Hospitality \$5,700, Spirit Leaders \$1,000, Medical Services \$16,136, Phi Theta Kappa \$450, Drama \$4,500 and Coed Tennis \$600. These 36 activities were selected because they cannot qualify to be supported by tax revenue.

The gross sales for the Don Bookstore for Fiscal Year 1975-76 amounted to \$912,472.60. Gross sales of \$825,000 is projected for Fiscal Year 1976-77, of which 12.5 per cent or \$103,125 of bookstore

profits will again support these 36 school activities not funded by tax money. The bookstore's net profit last year was \$132,789.18, the majority of which supported the above named activities.

"It's a shame we can't get these books and personal property back to their rightful owners," said Don McCain, director of Student Activities after surveying nearly 40 cardboard boxes, mostly full of books, which he received from the bookstore for further disposition.

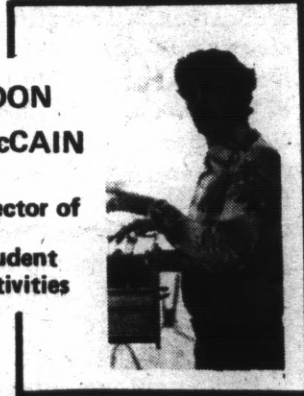
"These books represent thousands of dollars," sighed McCain, "but very few students come to the bookstore to claim them, and those that do will at least have a better chance with their name in the book."

"Our plans are to sell the books to a book-buying service," McCain said, "and then give the money to the Student Loan Fund where the money can do the most good to assist students in an emergency. If anybody has a better idea I would like to hear about it."

Projected sales of 3,200 ASB cards (by far the largest number sold at any Community College in Orange County) will net \$23,500. An additional \$2,500 will come from the pinball

DON MCCAIN

director of Student Activities



machine in the Student Union Building.

ASB money supports many campus events, some of which are: ASB barbeques, Homecoming events, goldfish and chili-eating contests, some 20 free daytime concerts, a car

give-away, five after-game dances, selected guest speakers, and intramural softball. "These activities cannot be supported by tax dollars," said McCain.

"It's the quality of your program, not the size of your Student Body Budget," offered McCain, "referring to Cerritos College budget of \$326,000 compared to SAC's \$26,000."

Some schools raise large amounts of money with a tie in to their bookstore, food service or mandatory Student Body Cards.

"As for getting help in paying for books, emergency short-term loans up to 90 days can be approved in one or two days," said Fay Freeman, SAC Financial Aid Officer, "to help those students who can demonstrate a need."

The SAC Revolving Loan Fund helped 150 students last year with a total of \$8,000," Freeman explained. Loans up to \$50 may be obtained for 30 days with a maximum fee of \$1 deducted at the time the loan is made.

"Sixty students received a total of \$3,570 from the Sears-Roebuck Emergency Loan Program," said Freeman. Loans up to \$100 for periods up to 90 days may be obtained, with no fees charged. Priorities are given to the occupational fields for this type loan.

When informed that 59 per cent of the students surveyed did not know there was an emergency loan fund on campus,

"I didn't know loans were available until it was too late."

Mrs. Freeman concluded at the end of the interview, "We're ready, willing and able to help any student demonstrating a need and payback ability with a loan to buy books or other valid purpose."

Students who don't qualify for a loan may apply to SAC's EOPS for assistance.

"Our main reason for existence is to recruit and retain students at SAC," said John West, SAC's director of the Extended Opportunity Program and Services, "and last year we had a total enrollment of 328 students in our program."

"About 136 or 41 per cent of EOPS students received financial assistance last year," explained West, who added that most of it took the form of book grants, Extended Opportunity Grants and book loans.

"Our students receive help in tutoring, peer assistance, book grants, and book loans, etc.," the EOPS director pointed out, who further commented that, "We're here to help the student with special needs."

In summary, the SAC administration viewpoint echoes the words of Dr. Johnson, who said, "I have first hand knowledge of the operation of many college bookstores throughout the state and I can truthfully say our bookstore can hold their own with any of them when it comes to prices, service and professional help."





Editorial

Smoking areas needed to clear congestion

SAC students may fight the county smog in driving to the campus only to battle with a different type of haze at the college - cigarette smoke.

The battle of smokers and non-smokers has existed since tobacco was first lit and the heat placed on smokers to stop has been filtering ever since.

el DON does not condemn or commend smoking of any kind since it is that person's individual right to smoke. However el DON would like to offer suggestions to make the campus a better environment for smokers and for those who don't smoke.

A common criticism of student smoking is the trail of butts and other litter that is left behind. While trash cans can be found throughout the campus, the type of trash can used is often inconvenient for smokers because of the narrow opening. Trash cans with larger mouths should be installed since expense would be minimal to the district.

However the smoke and smell clinging to smokers is still present. While the aroma may be pleasant to smokers it can be discomforting to non-smokers, especially in tightly closed areas such

as the Snack Shop, classrooms, and conference rooms. While nicotine addict's urge to smoke anywhere should not be controlled by law, it can be curbed through installing smoking areas on campus.

Smoking areas would not bring a heavy financial burden to the district since many school districts have bungalows which are no longer used. These bungalows could be transferred to SAC and set up as smoking lounges.

The advantages of having designated buildings for smokers are numerous. Although smokers will still be smoking in classrooms, less smoking activity will be seen since nicotine fiends will constantly frequent these locations to smoke and will be less inclined to smoke in other areas of the campus.

These areas will provide the type of social and visible atmosphere smokers have come to appreciate. Smokers can lounge and talk enjoying a smoke while other students can enjoy breathing fresh air.

el DON urges the Administration or ASSAC to look into the possibilities of designated smoking areas. Failure to do so will only bring about disgruntled students suffocating in the smoke.

Elizabeth Reich

Analysis

Small student interest seen with credit-by-examination

by Sean Reilly

"We really don't get too many requests for credit by examination from students, but those we do get are extremely important," said Dean R. Strenger, dean of SAC's Science and Technology Department.

His sentiments were shared by much of the administrative staff. It has proved to be an efficient way to get students through classes in which they are already knowledgeable. By no means, though, is it an easy way out of classroom work. Division deans, who have to sanction the tests, are reluctant to administer them unless they are very necessary.

To apply for the exam you must go to the Admissions Office to pick up the necessary forms.

In credit-by-examination, a test is set up to cover comprehensively a semester work. Many times it can be

harder than a final and in some cases it is the final itself. It is graded strictly by a credit - no credit scale and is used only to promote the student to the next level of classwork.

By no means, though, is it an easy way out of classroom work.

Technical classes benefit from this procedure because many of their people come with a strong background in the subject. Thus, through the exams they can move up to a more appropriate stage.

Other classes, such as in the humanities field, are not as actively challenged for credit because much of the work is based on lecture material and the repetition involved is needed for a real understanding of the subject.

Most of the students who have applied for the tests have passed them. Usually because the process for obtaining them

weeds out the candidates who couldn't make it.

Credit by examination isn't offered in all the classes at SAC. To apply for the exam you must go to the Admissions Office to pick up the necessary forms.

In credit-by-examination, a test is set up to cover comprehensively a semester's work.

Then check with the division dean of your course. He must sign the form and then schedule the test. The rest is in your hands.

Letter to the Editor

Dear Editor:

I Found It! Orange County's best entertainment today is two-and-one-half hours of Santa Ana College basketball for only \$1.00, or free to ASB card holders. Last year's team reached the state semi-finals displaying an exciting, high-scoring version of the Harlem Globetrotters, complete with team togetherness and the crowd pleasing "SLAM DUNK." Last year, I discovered this team, became hooked, and attended 10 games. I was shocked to find out the average attendance for their games was only 300-500 at home. These teams deserve much better support on their fine record and exciting on-court performance alone. Their first home game is Dec. 21, against highly-rated Mt. San Jacinto. Let's show our support of a very fine team representing us, the students, let's really have a big turnout for this game. The often-used cliché, "try it - you'll like it" best describes this year's team, and if you do, I guarantee you'll be back again.

Joe Butatz
A Fan

Fun, laughter add enjoyment in life



I am often touted as being too serious. Granted, I will admit that I am subject to conceal my emotions. But underneath it all I'm mostly fun and fantasy.

Comedy and laughter, I feel, fills a vacancy specifically generated by a basic need to let oneself go . . . a need to act mad and generally get away with it.

Ever notice how one act of lunacy often prompts others to follow, and sometimes sparks up a new friendship? People otherwise scared or uncomfortable with other individuals basically lose their uneasiness quickly at the slightest bit of idiocy.

How many shy people have you known who suddenly 'overcame' their insecurities and took a drastic turn in the opposite direction - that of being the 'life of the party' comic? It may be a sign that this person is actually hiding behind a mask, but let's face it, he or she must be a lot more fun to be around.

Actually, most comedians would probably fall under that heading, that of an unassured person desperately trying to be liked by others.

Personally, I hold a special place in my heart for such funny folks.

Although some things make me laugh more than others, I find a bit of humor in almost everything.

My love for comedy must have started sometime when I watched I Love Lucy for the first time as a child.

I won't ever forget, with the help of years and years of reruns, the time Lucy got "wasted" on motion-sickness pills, after taking next-door neighbor Fred on the Staten Island Ferry to convince him that sea-sickness was only a state of mind.

Her chance meeting with actor William Holden in the Brown Derby restaurant, ending with his getting dunked in spaghetti, was also a favorite of mine that stands foremost in my mind.

And, also as a child, I watched many-a-Saturday's worth of Laurel and Hardy sneaking out on their wives to attend an all-male convention . . . and the Marx Brothers stowing away on a luxury ship . . . and Abbott and Costello coming face-to-face with Frankenstein and the Wolfman . . . what continuous and innocent fun!

Comic books excited me as a child, as did Mad magazine, which, I have to admit, I have yet to outgrow.

Actually, everything's still as it was to a certain extent. I still enjoy Lucy, Abbott and Costello, Laurel and Hardy and the Marx Brothers, as well as Mad magazine. Only now, added to the list, are various books, newspaper articles, movies, T.V. shows and records to enhance otherwise often-lackluster surroundings.

Thank goodness for funniness, comics and comedians!

el DON

SANTA ANA COLLEGE

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by Smith Pineo

For most of us, the Salvation Army is rarely seen in action. That is except during the Christmas season, when bell ringers for charity are posted at almost every shopping center.

Warren Johnson, program director for the Santa Ana office of the Salvation Army, stresses that, although they are more visible to the public during the holiday season, they are helping more people than ever before on a regular basis.

"I don't know why the Salvation Army's efforts are not seen by more people during the rest of the year," said Johnson. "We're doing the same kind of thing year-round."

Although he does admit that, starting around September, the staff increases from about 10 workers to 60. This includes, however, the volunteers from Santa Ana High School, SAC and various service clubs in the community that man the 23 donation kettles that are set up.

"People tend to think of the needy mostly at Christmas and Thanksgiving times," says Johnson, in explaining why fund-raising efforts are geared up

Salvation Army

Goodwill organization helps needy over the holidays

mostly during the holiday season.

"The money raised by the kettle drive goes directly to the approximately 1,000 families or individuals we will be taking care

of each year," adds Johnson.

He also stated that, "thanks to a generous community," donations to the Salvation Army "are always on the up turn."

We haven't lost any ground in

his expectation for this year's fund-raising is quite high.

Johnson emphasized the need for continued public support the last five years, and we don't expect to now," says Johnson and adds in a hopeful vein that



ONWARD CHRISTIAN SOLDIERS -- Armed with the word of God and financial support from the community, the Salvation Army seeks

Christian activities and give aid to needy to save lost souls, involve young people in families.

Dec. 17, 1976

when he stated, "The number of people coming to us for aid in 1976 on a daily basis is up 70 per cent over 1975."

Still, he says that the Salvation Army has been able to provide the same kind of relief "during the year that we do during Christmas."

The Salvation Army originated in England in 1865. It was founded by William and Catherine Booth who held meetings in tents or rented buildings. At the outset (and still today) the Army's philosophy stressed "the supreme duty of self-sacrifice for the sake of the salvation of others."

"The Salvation Army has been in Santa Ana since 1887," says Johnson. Then he re-asserted his point that the Army is in operation for those in need the year round by stating, "It's not that we begin Dec. 1 and stop Dec. 31 on any kind of outreach to the community. We do this kind of thing every day of the year."

The only reflection this reporter has about this highly commendable organization is "Onward Christian Soldiers."

Satire

Yes, Santa Claus people keep faith

Dear Santa:

You know how I've always remained true to you these last few difficult years and now I'm glad I did. The gang at school, who used to call me an "establishment dupe, a reprobate materialist," have promised that they're going to write you this year too.

One of the guys in my English class, the one who always used to be cast as "the atheist" in our college plays, told me he'd suddenly rediscovered the "instinct of social survival," and he has started reading Rod McKuen. For Christmas he's going home to enjoy "the

Even the "Jesus Freaks" are quieting down . . .

traditional occasion which serves to bring the family together." He said he'd ask you for a digital watch and a pocket calculator and I know you'll do your best.

Even the "Jesus Freaks" are quieting down. This year, instead of staging a nativity scene complete with cows and sheep in the school cafeteria, they seem content with singing "Silent Night" at the Christmas concert. Still, I suspect you'll receive a few letters from them this year and I really don't understand why. In my opinion, if they don't like Santa Claus at Christmas they might as well celebrate Hanukkah!

All in all, the Christmas spirit is really catching on this year, the day after Thanksgiving all the merchants in town had their decorations up. Why, I hadn't even finished my cranberry sauce and everybody wanted to know where the Christmas party was going to be.

The media are taking you more seriously this year too. You were the cover story in Playboy, Penthouse and Oui and their centerfolds

In my opinion, if they don't like Santa Claus at Christmas they might as well celebrate Hanukkah!

are giving you great "uncoverage" as well. Lest I be considered a male chauvinist by Ms. Claus, I must admit Viva and Playgirl never made you look better either.

Things are so busy I'm glad I did my shopping early. I hope Mom likes her "Bionic Carving Knife," and Dad's getting a set of monogrammed beeper golf balls - at least that way he'll be able to find the ball after he hits it. As for my three brothers and my little sister, I bought pet rocks, pet logs, pet marbles and pet sink scum - after all it's the thought that counts.

With this great renewal of faith, I know your rushed as well, so I'll get down to my humble requests for this Christmas. If it's not too late, I'm really hoping to get an NCR change processor to help

The media are taking you more seriously this year too.

me count all my petty cash. They're so useful, and besides, I just love to hear the clink, clink, of the coins being counted out automatically, it's so much like the jingle of Christmas bells.

Merry Xmas,
Calvin College Ebenezer

Opinion Survey

Students respond to el DON poll, take a hard look at Christmas

by Smith Pineo

Do you feel Christmas has become too commercialized? What is the true meaning of Christmas? Should the myth of Santa Claus be continued?

Fifty SAC students were asked these and other Christmas-related questions recently, and, although the majority of the responses could have been accurately predicted, still some responses from those with dissenting opinions were, at least, amusing.

The first question, "Do you feel Christmas has become too commercialized?" brought affirmative responses from 86 per cent of those who took the survey.

The accompanying question, which asked the student to explain a "yes" answer, displayed a widespread feeling of contempt for the hard-sell tactics merchandisers attack us with in a particularly crazed manner at this time of year.

"Advertisements exploit in every way the products they are selling in order to make the 'holy buck,'" stated Laurie Lord.

A small portion (12 per cent) said that the true meaning of Christmas was that it was a time for family and friends to get together.

Sixty-eight per cent of the surveyed felt that the true meaning of Christmas has been lost. The rest either answered "no" or qualified their answer by saying that the true meaning of Christmas was still held by Christians or a mere "some."

More than half described the true meaning of Christmas as being a celebration of the birth of Jesus Christ. Linda Millard described Christmas as, "The birth of Jesus, God's gift to man. Which in turn started the giving of gifts to others."

Leslie Parise said that Christmas began when Jesus was born on earth to save all the lousy people.

The next two questions the students were asked were (1) "Do you feel in the 'Christmas holidays spirit'?" and (2) "Have you ever before?"

Just over half said that they did not feel in the spirit. Some who said "no" qualified their answer by stating "not yet."

A few who said they did not feel in the Christmas spirit said that the fact that it does not snow here during the winter made it hard for them to feel "Christmasy."

Two students said they did not understand what "Christmas holidays spirit" meant.

One student commented, "I haven't had any spirits for days, got a bottle?"

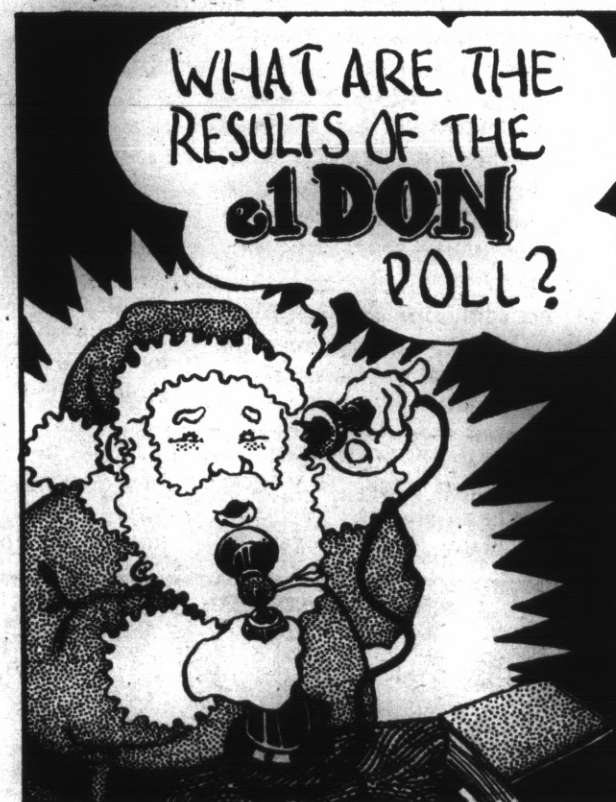
The next two questions coming in from left field were "should the myth of Santa Claus be

continued" and "Why or why not?" 68 per cent said that it should be continued and most who felt that way explained that childhood fantasies were important. They said that Santa brought so much joy into children's lives or they had enjoyed Santa as children.

Irma Ramirez said, "If your children stay innocent," Santa Claus should be kept.

"Of course," was Craig Rublee's favorable response, "Besides, Jesus Christ would look funny promoting Kodak cameras."

One student wanted to keep Santa because he wanted something to lie to kids about. Still that



goal can be achieved in other ways.

Another student said, "Santa Claus is much more accessible to children as a symbol of generosity, kindness and justice than the 'Sori of God!'"

One man surveyed felt the myth of Santa should remain in tact and then posed the question, "Should the myth of God be continued?"

Children should be exposed to the culture that has made this country great," stated another man in favor of maintaining St. Nick.

"Hell no," was one student's response. He added, "Santa Claus has absolutely nothing to do with Jesus Christ being born."

Pat Stuart said she was opposed to hanging onto the myth. Why should we live a lie?" she asked. "I think we should get back to the spirit of love and giving."

Americans in Mexican Prisons

Should Uncle Sam defend his citizens and bring them home?

YES

Mexican government criticized for inhumane prison treatment

by Smith Pingo

Americans certainly don't have the right to go down to Mexico and commit rape, pillage and plunder in that country.

Neither does the Mexican government have the right to do the same thing to U.S. citizens who visit their country.

But the Mexican government often does and this fact is evidenced by Americans who have served time in Mexican jails.

Thousands of U.S. citizens are now wasting away in Mexican jails, and a great portion of them are in on drug-related charges.

Mexican jails are hell-holes. And Americans in them have little hope of getting humane treatment while in them without having large sums of money to keep them from freezing, starving or dying of diseases in the Mexican animal cages they call prisons.

Americans in three Mexico City jails are in the second week of a hunger strike protesting the Mexican government's failure to keep their promise to grant parole to prisoners who have served a third of their term. These men continue to protest, despite being beaten by jailers for involvement in the strike.

Money is a key factor in this rip-off of U.S. people. The level of corruption is such that one need only bribe a Mexican Federal officer to avoid arrest, or a jailer, a judge or a government official to avoid a prison term on just about any charge.

Ironically, it is most often the hard-core dope pusher that is able to bribe his way out of trouble. But the naive tourist in Mexico, who doesn't have much money, can get hauled away for years for being caught smoking a joint.

There is strong evidence that the drug connections in Mexico work hand in hand with police to extort Americans. A common scheme is to sell the unlucky American a quantity of marijuana and then tell the police. The American is then arrested and jailed, robbed of his money

...they may just be looking for a good time...

and the dope is returned to the Mexican pusher.

One account of two Americans in Mexico exemplifies the extortion practice that is a regular occurrence there.

The two men were picked up by Matzatlán police for "wandering around the streets late at night." One of the men was able to bribe his way out of jail with \$700. He was then ordered out of town. He hopped a freight train and rode home on the thousand-mile journey without food. He was the lucky one. The other man served a year in a Mexican jail.

What the Mexican Government does to their own people is their business. What they do to U.S. citizens is ours. But the American government doesn't seem to feel that way.

Talks about trading Mexican prisoners in the U.S. for Americans down in Mexico's jails have hardly gotten anywhere. One reason is the reluctance on the part of those Mexicans in jail here to go back to their home country and serve out their time. Understandably, they don't want to trade the Hilton for hell in a cage.

One method of getting our people out of Mexican jails is vigilante retrieval. One woman hired a gunslinger type's group to head down across the border and bring her son and other Americans safely back across in to the U.S.

If the U.S. has enough money and push to pour millions of dollars into overthrowing the democratically-elected Chilean government, via the CIA, it certainly can get our prisoners out of Mexico.

U.S. citizens in Mexican jails is a problem. Armed retrieval is no solution. The prisoners swapping suggestion by the U.S. is not happening -- no solution.

Doesn't the U.S. government have the brains or savvy to get our prisoners back? Or don't they give a damn?



T.J. OR BUST-Americans venturing to "the land of serapes and sombreros..."

NO

Students warned to pay price if they plan to roll loaded dice

by Sean Reily

All the prisoners were put in one large cell. It didn't matter whether you were a murderer, smuggler, or just caught with marijuana. The Mexicans sat against one wall and stared across at the Americans who took the other side. Luckily the two nationalities were about equal in number.

The actual cell itself was made of hard concrete walls on three sides with bars for the final side. The floor was dirt with a hole in each corner for a toilet, which gives you an idea of the smell and filth. There was no ventilation at all. The air inside got hot, muggy and dusty during the day and fairly cold at night. When it became time to go to sleep you couldn't lay your body out because the floor wasn't big enough.

Every morning they brought us some hard loaves of bread and buckets of water to last the whole day. We were afraid to touch any of the food. When they searched us we hid some money in our shoes that they didn't find. We used this to bribe one of the guards to bring us some Cokes. It was the only safe food that was available. After drinking that stuff for a couple of days it got quite sickening.

They wouldn't let us make any phone calls out so we had to rely on other people who were getting out to call home for us. After three days my brother arrived with enough money to get us out.

This is the view of a border town Mexican jailhouse as experienced by an American youth. The place was dangerous and frightening, definitely something to steer away from. With conditions like these in Mexican and many foreign prisons, cries are being heard from the American inmates to be let out. Stories appear in newspapers telling the atrocious tales of what Americans are being subjected to. This

has triggered a response by the government to begin bargaining to bring these boys home where they belong.

There is one point that the United States people fail to realize, and that the reporters fail to expose in relation to this problem. These prisoners are legitimate offenders in the majority of cases. They have broken the laws of a foreign nation and now are paying the price that the nation demands.

The person who related the story that opened this article was drunk driving, speeding and was charged with resisting

arrest when he was finally caught up with by the federales. When he arrived home and told of his experiences, his parents and friends were appalled at the way he was treated. But they didn't even stop to think that their son was posing a hazard to the Mexican people.

If Americans were unaware of the crimes for which they were being imprisoned, their treatment would be uncalled for. The American citizen in a foreign country is being arrested for dope smuggling, thievery or, in some cases, murder. These crimes are universal. In many cases the American is in the foreign country because he thinks that he has a better chance of getting away with the crime there than he would in the U.S.

The U.S. citizen that is in a foreign land is there for a reason. Just because of the fact that he is American doesn't mean that he should be paroled. Foreign prisons tend to be much more harsh than they need to be and are definitely different than jails in this country. But the point is that a man who willfully breaks the laws of any country must pay the price that country deems. Don't roll the dice if you can't pay the price.



but can end up serving hard time.

Former heathen customs, now mainstays of Xmas

by Ron Mills

If you were part of the society that lived on this continent in the year 1659, and you took part in a Christmas celebration; the chances are that you would have to digest that big meal you ate in the local pokey.

The Christian Church considered the celebration of birthdays a heathen practice, and the General Court passed a statute making it an offense punishable by jail terms to observe the Yuletide.

The Festival of the Nativity is celebrated in the spirit of joy, peace and goodwill, but its observance came about through dissent, turmoil and defiance.

The customs that surround this holiday are mostly pagan in nature. For instance, the exchange of gifts is traced to the Roman ritual of Saturnalia and the worship of Dionysus at Delphi. The gifts exchanged were in observance of the new year.

Another pagan custom is the use of mistletoe. Long before the advent of Christianity, the Druids of Ireland collected mistletoe and placed it on the altar of their god to be burned as a sacrifice. To this culture, the sprigs of mistletoe were symbolic of hope and peace. It was said that when enemies met under the plant which grew on the branches of oak trees, they would throw down their arms and embrace. This belief is the ancestor of the modern practice of kissing under the mistletoe.

One of the most widely employed customs of Christmas is the adorning of homes with lights. Although the holiday is one of Christianity, the custom itself stems from Judaism and the observance of Hanukka, the Jewish festival of lights.

Today, Christmas is celebrated by Jews as well as Christians. Rabbi Eichler, in a sermon in the Temple Ohabei Shalom at Boston in 1910 had

this to say. "Is there a reason why he (the Jew) cannot conscientiously join the world in celebrating Christmas? To this the loyal Jew must answer with an emphatic no.

Christmas has a double aspect, a social and a theological side," he said. "The Jew can and does heartily join in the social Christmas. Gladly does he contribute to the spirit of good will and peace, characteristic of the season. At the very time in which the Christian world celebrates Christmas, the Jews celebrate Hanukka, the feast of lights, commemorating the victory of the heroic Maccabees over the idolatrous and tyrannical Graeco-Syrian empire. Through that victory Judaism was preserved and the subsequent development of Christianity made possible. It was from the light of Israel's sanctuary that Christianity lit its torch. The Hanukka lights, therefore, justly typify civilization and universal religion."

The tradition of Santa Claus was not originally associated with Christmas. Santa Claus, originally St. Nicholas, has his day celebrated by many on Dec. 6. The legends which surround him are the bases for incorporating him into the festival.

The most significant of these is the one that he inherited a goodly amount of wealth and dedicated it entirely to

charitable causes. This benevolence is exemplified in the legend that he heard of a nobleman who had become so poor that he considered deserting his three daughters to a career as ladies of the night. As a result, he visited their home in secrecy for three consecutive nights and threw a bag of gold into a window each night, thus sparing the girls from infamy.

It was said thereafter that all unexpected gifts came from St. Nicholas. Dr. Clement Clarke Moore, who was a professor at the General Theological Seminary in New York, is responsible for the synonymism between St. Nicholas and Santa Claus through the poem which he wrote in 1822 and read to his children on Christmas Eve. The poem begins . . . 'Twas the night before Christmas, when all through the house.

Christmas Memories of Christmas, sights, scents, sounds

by Phyllis Hushins

Christmas, to nearly everyone, is a memory of Yuletide past, a memory. Each memory is as different as fingerprints on a pathway of the mind. For some it was a gamut from winter Christmas bells chiming in a steeple or jingling on a sleigh chugging down a snow-cleared road with a cold, clean wind nipping the cheek; to a sea of sand sprinkled with cactus, a desert, with a Christmas star hovering over the lavender hills.

There are scented memories of fat puddings steaming like incipient volcanoes, a browned,

spiny turkey warbling with sage stuffing, trilled in the nostrils of the fresh damp air of a fragrant evergreen tree standing sentinel-like, waiting to be draped with tinsel and baubles, lights and a star.

Perhaps the dearest and most poignant remembrance is the barest Christmas. This was the time each can remember with each of a lump rising clumsily somewhere near the heart. A time when there was no tree at all and the Christmas dinner was more of imagination and love than sumptuous foodstuffs. Perhaps one gift to give and to receive with equally hard-pinched

New Year's Eve celebration dates back to ancient customs

by Julia Romero

We see time rather as a sower than a reaper, a youth with a spade and a basket of seed rather than an ancient with a scythe and a full sack. It is of the nature of a sandglass, when it runs down it can be turned over and start again.

Viscount Samuel

When the concept of New Year's comes to mind, it's associated with celebrations, festivities, family gatherings, resolutions and even the yearly Ross Bowl Game.

It's a time when people say good-bye to the old and hello to the new.

The New Year has long been observed in history, dating back as far as prehistoric times. Many of its customs and beliefs today are reflections of the past.

Jan. 1 first became the date for the New Year in 153 B.C. when the Romans moved it from March 25 so that it would fall on the day when their servants took office.

In 46 B.C. Julius Caesar created the Julian calendar of 12 30-day months, and he also wanted to change New Year's to a more logical date, perhaps one that fell on a solstice or equinox. However, it happened that Jan. 1 of that year fell on a new moon, and the populace of Rome regarded it as bad luck to change.

Most are unaware that New Year's Day was once a time for exchanging gifts, long before the custom even became associated

with Christmas. The Romans called these gifts *strenae*, a word said to have come from the goddess of luck, Strenia. Years later, English royalty still engaged in this festivity. Queen Elizabeth would accept gifts from her fellow blue-bloods on down the line to her Majesty's dustman. She was very watchful of who gave her what.

Today, New Year's customs are celebrated similarly to ancient times. Abolishing the past was a yearly ritual. It was believed that mankind would enter the year reborn in spirit if he proceeded with certain rituals. Among the rites performed were the confessing of sins, the extinguishing and rekindling of fires, masked processions and fights between two opposing teams.

For instance, the excessive drinking that takes place on New Year's Eve is a secular leftover of a rite that was once religious in character. It was considered a re-enacting of the chaotic world that once existed before the universe was created.

In China, Yang, the force of light, and contrasting Ying, the force of darkness, are ancient customs enacted with thrashing cymbals and exploding firecrackers.

The Mardi Gras and Halloween are also evolved celebrations that developed from age-old New Year's customs.

Dolls with real hair, mechanical banks, toys of long ago, better than today

Dear Santa,

Would you please let my brother and me come to your workshop and choose our own toys? We would like that so much. Mommy used to tell us about the toys that were made long ago. Here is our list so you can have everything ready when we come.

Mommy said there used to be Bisbee dolls with real hair or French wigs and were red velvet dresses. Some of the dolls were Kestner, some were JDK, and others were Handworke. It really doesn't matter which one, okay?

There also used to be little ice cream parlors with China dishes so dolls could have their afternoon tea. My doll would need a pressed back crib to sleep in. Also she would have to have a wicker stroller for afternoon walks and a wicker rocker to sit in so she can watch me play.

I need a cast iron stove, not plastic, please, for her kitchen, and also a sewing machine. Next, my doll wants a metal trunk to put her clothes in and just a little decorated collar box.

And one more thing, could you please get me an antique christening dress for dress-up?

My brother would like to have a straw-stuffed animal. The animals he has now lose their stuffing.

He wants the kind that move their arms and legs (Mommy says they are painted).

He wants those two-inch square wooden blocks with pictures painted on them. How about some wind-up toys and trains? Mommy says there are wind-up toys now, but the ones my brother wants are in a special class all by themselves.

Brother wants a mechanical bank. You know, the kind you put money in and then get to see a trick done.

He likes to sing, too. So could he have some wooden musical instruments? Maybe a violin, or think it is called a ukulele, anyhow, they are only about nine inches tall, so you know what he is talking about.

My brother said something about a nutcracker and a toy lunch box.

Anyhow, those are the toys that we would like to pick out at your shop.

Mommy explained that some of them were made in the late 1800s - whenever that was. She said they were one-of-a-kind and could never be remade, because they were well-made toys and the people took care in making them.

I guess some of the old German dolls are worth a lot of money if they are in good shape and if their face is not scratched.

Besides, we don't want to sell the toys, we just want to play with them.

Love
L & J

Thigh into

well Chest That's right that the Only a few months until Christmas still haven't the right your family at.

At this late with the holiday season trample to let the spinners of from you. And being no wonder you're going with a glazed your "Bah, humbug" initial.

Cheer up! It's about to fall into on over it's not too late come will mean so to the them and wix your much.

At this however, it and budget are to force thought and into the finding gifts is simple same time. Impossible original. The only to be a Nothing is personal gift of music form, tapas to concerts, is an a present to an or bud.

Books, may be ideal variety. You can't find appeal to even to in a piece of work is a Reproductions rest, a watch any pet and expensive.

Among things that wish the spirit of music is well, your Christmas

mas mas mas: sods, food

With pennies. Not a gift that you yourself had pined for, but one that you loved one had mentioned in passing as a never-to-be-fulfilled wish. A precious gift, long cherished, that cost little in money, a gift and more of time that would stretch like a strong thread of gold through the years. This is the gift that each of us remembers into our waning years, the gift that warms our hearts when all about us is frigid with despair, or fear, or loss of hope.

Have you ever run across a tarnished, gold-plated heart in an old box of trinkets, or a dusty pin cushion, or the plaque-impression of a small child's hand? These may be "junk" to some, but have been kept for perhaps no really good reason. Then Christmastime returns to warm our souls like a banked fire and the remembrance of when and where and how that seemingly discarded piece of memory was kept and why it was kept. No act of love is wasted, especially when there is Christmas, or Hanukkah, or whatever time awakens the heart.

Thight puts meaning nt simple presents

Well, Chesley, that's right that time of year again. A few months until Christmas, and you haven't the right things to give to family and friends.

This late with the mad rush of the holiday season, it's all too easy the spiritless gift-giving get away you. And being what they are, it's harder yet going around all month a glazed, your face and a raspy, humbugger inflamed throat.

Get up! It's too late to be the time into an over presents. Besides, it's too late to come up with gifts that mean so to the people who get them and who your pocket-book too.

It's too late, limitations in time and budget are to force you to put a little thought and into the task. The trick is to give gifts that are simple yet special at the time. Impossible to be totally personal. The gift to be totally personal. Nothing is personal than music, and a musical form. From records and to concerts, is an easy way to tailor to an or budget.

Gifts may be ideal gifts in terms of You mainly find a book that will to every in any price range. A piece of art is a magnificent gift. Auctions, great art, are available to any price and can be surprisingly alive.

Long things that fit in very nicely a spirit, times is good. If you cook or worry about it. If you

Object of pagan worship, elves no longer believed in

by John E. Lee

Ask someone if they believe in flying saucers and the chances are pretty good they'll shrug their shoulders and say, "Could be."

But ask someone if they believe in elves and the chances are even better that they'll laugh in your face. In fact, ask some guy if he believes in fairies and you're likely to get punched in the nose. The word "fairy" has lost its original meaning.

Each Christmas we hear a lot about a bunch of little guys bustling around a North Pole workshop making toys for the children of the world. We see them on TV and in department store windows. These elves, Santa's helpers, where did they come from?

They are a link with the distant past. In pre-Christian Europe the elves and their kin—fairies, pixies, sprites, goblins, brownies, leprechauns, etc.—were widely accepted as real beings. They were the objects of pagan worship.

The Christian concept of saints (including St. Nick) grew largely out of an attempt to woo the people away from these beliefs.

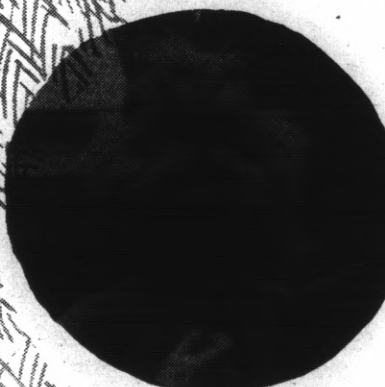
The date we now celebrate Christmas has been linked to the pagan ceremonies of the winter solstice. The mistletoe was sacred to the Druids. The Christmas tree tradition grew from the Tree of Life described in Norse mythology. It could be said that Santa's elves represent the pagan connection.

The belief in elves is not entirely lost. A California-born scholar, Dr. W.Y. Evans-Wentz, won his first doctorate for a study of the surviving faith in such spirits. His findings were published in 1911 in his first

book, *The Fairy Faith in Celtic Countries*.

The book contains several eye-witness accounts from people who claimed to have seen fairies. Wentz ultimately advances the theory that these are real spiritual beings who inhabit an invisible Otherworld. He attempts to elevate the study of elf-spirits to a respectable place in the fields of philosophy and psychical research.

Wentz is not easily dismissed as a crank. Following this book he travelled in Tibet and India to study three years under a Tibetan Lama and make the acquaintance of such well known Yogis as Paramahansa Yogananda. He won the rare title of Doctor of Science in Comparative Religion from



Oxford in 1931. His death in 1965 came just a bit too early for him to encounter the work of Carlos Castaneda, which would have fascinated him.

In his book on fairies, Wentz sends an appropriate Christmas message when he speaks of "the unreasonable of assuming artificial social barriers separating race from race, religion from religion, and institution from institution, and (making) the declaration that the unity and brotherhood of man is a fact inherent in man's nature, and not a sentimental ideal."

Peace be with you, whatever your faith. Merry Christmas.



New Year's baby has Capricorn sign

by Jerri Ash

Do the figures 1/51 at 1:51 do anything for you? If not, then set your mind at ease. These two sets of numbers are relative only to SAC student William Edward Wohlf II.

For it seems that Wohlf made his timely entrance into the world just in time to have the distinction of being the first baby born on New Year's Day 1951 in Torrance, Calif. Exact time of arrival -- 1:51 a.m.

Of course, Wohlf's memory is a little fuzzy about that event, and he can't remember all the details. Mostly, he was trying to sleep, just as any new arrival is inclined to do.

Nonetheless, that fact did not deter the curious populous from dropping by to see 1951's first prodigy.

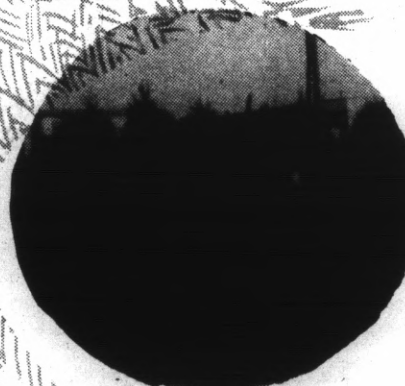
The *Herald Examiner* accorded Little Bill the honor of being a king for that day.

Meanwhile, Wohlf I was doing his thing by passing out king-sized cigars around Hinckley's Market in Torrance where he was employed.

"The doctor got a plaque but I got nothing," recalls Wohlf, just two weeks shy of 26.

But one can't live in the past and we must at this point catch up with the future.

Wohlf and his family moved to Garden Grove in 1970 where he graduated from Savanna High School.



In 1971, Wohlf went to visit an uncle, a distinguished 'ole gent' who caters to young people, known as Sam. He stayed in the exclusive Villa de Army, complete with an arranged tour of Vietnam. He was overseas for one year and one day.

"I was only supposed to be there one year, but somehow I got caught in that International Date Line," he explained.

When he came out of the Army, he was no longer William Edward Wohlf II. His name was

Wiley. That's what a group of soldier buddies can do for you -- change your name for better maneuvers.

Currently he is enrolled at SAC in electronics and is employed at Plants and Stuff, in Garden Grove.

Special interests include woodwork, plants, ceramics and sciences. His present enrollment in geology, biology, and physics is substantial proof of his science interest. He also likes tropical fish.

There are no immediate plans to go to a four-year school. First things first, and his present objective is to graduate from SAC in another year or so and then get a job.

We are a nation hung up on being number one. Just think, if Wohlf had been born on the last day of December, no one would have ever said a word.

What a difference a few hours can make.

Nobody Believes

by Dean Lyon

It was a dark, wintry-clear Christmas Eve. The stars sparkled brightly out over the ocean as Sam drove north in to Monterey from Big Sur in order to partake in a big Christmas dinner at the saloon. Sam was accompanying the wheezing of his flatbed truck with his harmonica and breathing the wonderful crisp night air.

He saw a small figure by the side of the road. It was peculiar to run into someone hitch-hiking on the highway at this time of night, particularly this night.

Sam eased the truck to a stop, brakes squeaking softly but quickly absorbed in the giant redwoods which lined the road. A fat old slobbery wino wearing a faded red suit and a seemingly discarded moth-ridden beard, climbed into the cab of the truck silently caressing a bottle and its remains.

"Where are you going, old-timer?" asked Sam. "Anywhere but here," said the ancient leathered-skinned man in a vesperly whisper.

Sam didn't hear the reply. He looked in the old drunken eyes of his companion and could tell something was wrong. He wanted to help the down-trodden old man who resembled someone he was sure he had once known. That was it! That drunken body was Santa Claus himself.

The sad red wino crawled into the corner and hugged the door then crying and whimpering, "The children, the children," then passing into a drunken stupor covering himself with a handsome

measure of wine before the bottle managed to right itself.

"Man, take care of yourself," Sam finally spoke, "the kids need you."

"It is no use," Santa Claus slurred, "People just don't believe in me anymore."

Sam searched frantically for words of reassurance to issue the broken man but found none.

Santa moaned like a wounded dinosaur, "It's not me that they want," He stopped and wiped the saliva from his ragged face, "it's the presents. No one cares about traditions anymore, they want only the gifts."

Suddenly Sam turned the truck around throwing gravel from the desolate road and headed back towards his home. The night had lost all of its meaning.

Don Westlake, the comic novelist, once summed it up solemnly, "Jolly Santa Claus, a God so easy-going he doesn't even ask us to believe in him. With that belly and that nose, he surely

eats too much and drinks too much, and more than likely, pinches the waitress's bottom as well. Bit by bit over the centuries we have humanized God until we have finally brought Him down to our own level and then some."

"It's all so plastic," Sam said loudly and stroked the aching shoulder of the wino.



Plants tell:

by Ron Mills

Perhaps the old story about George Washington's confession to taking the axe to his daddy's cherry tree was prompted by the ability of the tree to squeal on him anyway.

Cleve Backster, a prominent polygraph examiner, has conducted many experiments utilizing the lie detector and plants.

The results clearly indicate that plants are very definitely sentient and have the ability to transmit responses to greatly varied stimuli onto graphs via the polygraph instrument.

Harry Flower, a retired military CID polygraph examiner and SAC student, believes that the information gained from Backster's research indicates that perhaps the same media, lie detector and plants, can forecast the imminence of earthquakes.

"Backster's research and experiments have demonstrated a great deal of sensitivity among plants," declares Flower.

As a result of his experiments with plant life and the lie detector, Backster hypothesized that all living things, whether they are "plant or animal," have a basic or primary perception sense. The five senses of sight, smell, taste, touch and hearing that humans possess are actually

limiting factors to this primary perception. The human can choose whether or not to perceive simply by holding ones nose, closing the eyes or blocking the ears. In summation,

Backster feels that plant life perceives better without the five human senses, but indicates that man is better off in his present

situation because it would be chaotic to have everyone into everyone else's mind all the time.

One such experiment designed to see if plants had memories, utilized six persons who, blindfolded, drew a set of instructions from a hat. One set of these instructions was to completely destroy one of two plants which were isolated in a certain room. He was to do this in total secrecy, and the researcher himself did not know the identity of the culprit. There was, however, one witness to the act... the remaining plant.

After the deed was done, Backster attached the polygraph to that plant and paraded the six individuals past the survivor. On five of the subjects there was no

response recorded by the detector attached to the plant, but on the sixth, the meter on the machine reacted frantically.

That person ultimately confessed that he did indeed destroy the first plant.

In another study, Backster was able to demonstrate that there appears to be a particular rapport between a plant and its tender. The polygraph was attached to a plant whose owner was taking a trip via airplane. By the use of synchronized watches,

Earthquake prediction possible through lie detector usage

it was established that the subject reacted to the anxiety and emotional stress of its owner every time that the plane landed.

Flowers, on these and other similar tests and results, hypothesizes that a communicative network is created between the plant and the person upon whom it depends for its life supportive commodities. "If a plant has this 'primary perception' ability, it could possible have a similar union with the earth if it is planted in the ground and depends upon the earth for its life support," emphasizes Flower.

An earthquake is predicted for Southern California for the 20th of this month, and Flower, along with another student,

Charles Maddox, are currently monitoring plants at an undisclosed location for the purpose of establishing normal patterns of the subjects selected.

"We must keep the location secret because abnormal visitation to the site could very conceivably disturb or alter these patterns," stated Flower.

For 48 hours prior to the predicted time for the earthquake, the subject plants will be monitored continuously. "If a communicative bond does

exist between the earth and plants, the polygraph should react in a manner which would indicate building stress within the earth's surface" Flower explained. "That is, of course, dependent on whether or not

this quake takes place," he added.

Flower indicates that the study at best will still be inconclusive, but used in conjunction with other studies, both geological and astronomical, could contribute much data of significance.

"We hope that the forecasted earthquake does not happen, but if it does, we'll be ready to collect the information," stated Flower.

Certain developments have taken place since Flower's study began. Birds are noticeably absent from the sky, fishing is reported as lousy and the plants have ceased to react on the lie detector.

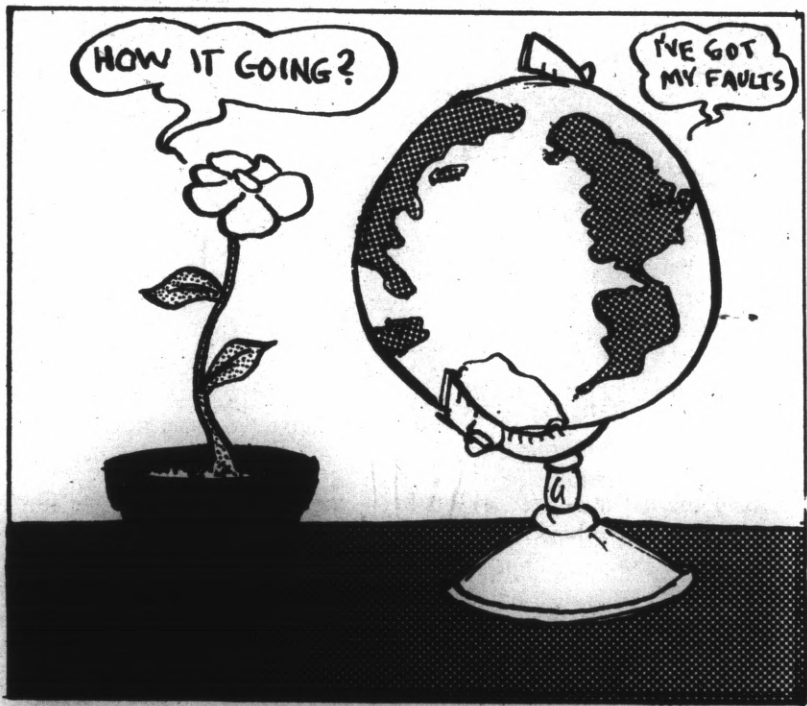
Flower, on the cessation of plant reaction, cites another of Backster's findings.

The observation in this study was interpreted by Backster as a reaction that humans have when faced with overwhelming danger. The reaction of fainting or passing out.

A Canadian physiologist came to Backster's laboratory to observe plant reaction... five of six plants attached to the polygraph gave no reactions whatsoever. Backster was totally puzzled by this phenomenon

and finally asked the physiologist if his work in any way harmed plants. The observer replied that he destroyed plant by roasting them in order to measure their dry weight for his studies.

The physiologist left the laboratory, and 45 minutes later the same plants responded readily on the graph.



FAMILY PORTRAIT - Bill Leal, wife Dottie and Jennifer sit in their home after returning from Nepal, where they worked as missionaries. Not pictured is son, Jonathan.

Linguist, Bible translator home after 5 years spent in Nepal

by Dave Busch

"Cow dung floors aren't so bad once you get used to the idea," says Bill Leal.

The SAC night student should know, he, his wife and two children spent over five years in the remote country of Nepal, where cow dung floors are as common as tales of the mysterious "Abominable Snowman."

Leal and his wife, Dottie, were working to record the language of one of the Himalayan country's agricultural tribes as visiting linguists at a

nearby Nepalese university. The Christian couple had also hoped to prepare a Bible in the local dialect before they were asked to leave by the Hindu government earlier this year.

After earning a B.A. in math at UC Berkeley, Leal, the son of a linguist with Wycliff Bible Translators, found himself at the Midwestern Summer Institute of Linguistics, where he met Dottie. After they were married, "the Lord led us to Nepal."

Says Leal of that "leading," there weren't "any flashes of light." Leal's decision to become a Bible translator "just kind of flowed," as does the conversation about his faith.

Sitting in the living room of his modest Santa Ana home, he joked about people's reactions to "missionaries," a word he avoids. "I think it's better to use the term 'Bible translator' rather than 'missionary'. People seem to react strangely to that word, but, he mused with a grin, "I suppose for every weird idea they get there is some missionary who fits the description."

In addition to giving presentations of their experiences under the shade of Mt. Everest to the churches that supported the family's work,

Leal is presently acquainting himself with the workings of computers through an electronics course here at SAC. He hopes to design a system, using mini-computers, to simplify the long process of editing for translators in the field. "The chore of rewriting long manuscripts inhibits a translator from going back and making a lot of corrections," explained Leal.

After being away during the years of "Watergate" and other more recent history in the U.S., Leal said it seemed to him "More and more people are kicking over the traces of morality and finding less and less purpose in life."

On the northern border of the sub-continent of India, Nepal is a country of small, temperate valleys with snow-capped mountains which carve the clear blue horizon. "The people of Nepal are mostly farmers and their cultural roots are in the land," observed Leal. "In contrast to our mobile society, a Nepalese is commonly born, lives his life and dies in the same small village. By American standards the Nepalese are quiet poor, if you own a brass pot it is considered a sign of social status."

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Few All-American traditions had origins in United States

by Smith Pineo

"As American as mom and apple pie" may be a common notion bandied about by citizens proud of the great American heritage, but, in truth, few aspects of our culture originated in the U.S.

The fact is, most conventions of any given society have been borrowed (or stolen) from other regions.

This process, by which social patterns are transmitted from one culture to another (and to another and so on), is known as diffusion.

Ralph Litton, in his book, *The Study of Man*, states, "Because we live in a period of rapid invention we are apt to think of our own culture as self-created."

But diffusion is evidenced in the everyday habits of Americans 'round the clock.

Litton stresses that just about every cultural aspect in our lives, from the type of bed we sleep on, the food we eat, the practice of shaving, the utensils and tools we use, the habit of smoking, to our religious mores, have originated outside the U.S.

To put to rest the notion that apple pie is a tradition with American origins one only need consult a cookbook to find that people have thought of hundreds of ways to bake the "great American dessert" long before the Pilgrims reached Plymouth Rock.

Apples, which are believed to have originated between the Caspian and Black Seas of the Near East, were a favorite fruit of the early Greeks and Romans. The use of apples predates the Christian era.

Evidence in Switzerland of the charred remains of apples indicates that the Swiss were the first to attempt to cook with the fruit.

How can we call apple pie an American tradition when recipes like Swedish Apple Meringue Cake, Danish Apple Crumb Cake, French Caramel Apple Pie, Austrian Apples in Dressing Gowns, Romanian Apple Cake, Viennese Apple Strudel and Tarta de Manzanas (which Women's Day calls, "Spain's answer to our own double-crust apple pie") pervade America's National Pastime, the game of baseball, and the refreshments commonly associated with the game, hot dogs, hamburgers and beer, all had their origins abroad.

The game of baseball in its earliest forms represents a modification of the British games of cricket and rounders. The use of a ball and bat in playing a game on a level playing field with stations (bases) dates back to pre-18th Century England.

And the beverage so many Americans like to consume while observing a baseball game, beer, was enjoyed also by ancient Mesopotamians and Egyptians.

The "All-American hot dog" originated in Frankfurt, Germany. And the Hamburg steak sandwich, as its name implies, came from the German city of Hamburg.

As to our religious beliefs, Litton points out that our average American "will, if he is a food conservative citizen, thank a Hebrew deity in an Indo-European language that he is 100 per cent American."



DIFFUSION - Erik Hitz stands showing off his All-American attire. Mother's apple pie sits at his feet with the apple falling to the ground. Beer in his hand and the sport scene are all here. (photo by Chris Abblot)

Holiday rock concerts

Suggested 'lift' for over-worked students

by Elizabeth Reich

Trying to catch up on late assignments may get a lot of students down this vacation.

But in between futile, last-minute attempts at completing schoolwork, one may choose a final salute to the holiday season by attending one of the rock concerts scheduled during the rest period, most notably those on Dec. 31.

"New Year's Eve rock concerts are very popular with people from the ages of, I would say, about 15 to 30," described Candyce Nutter, former SAC student and employee of the Liberty Ticket Agency located inside Wallich's Music City in Costa Mesa.

"Last year they were especially popular," she continued. "It seems this year there's not as wide a variety to choose from."

Probably the most significant rock event to be held that evening, due to the popularity of the band, will be

the Beach Boys at the Forum in Inglewood.

Seating is still available for the celebrated group, whose last appearance in the area, at Anaheim Stadium, drew a sell-out crowd. The evening's festivities begin at 9:30.

And a group that sold out the Santa Monica Civic Auditorium last year, Sparks, will perform there again, this time on Dec. 31.

Extremely popular in Europe and complete with an American cult following, Sparks will again exhibit their unique-sounding material to an enthusiastic Southern California audience.

On the same bill with Sparks is Flo and Eddie, two original members of the Turtles who are now making it on their own. Tickets are still available for the evening, which starts at 9 o'clock.

Scheduled during the Christmas break, but not on New Year's Eve, are other concerts that might be of interest to SAC students.

The Bee Gees, the rock-turned-disco band that has garnered a string of hit records over the past decade, will be at the Forum this Monday night, Dec. 20. Some tickets are still available.

On Wednesday, Dec. 22, at the Long Beach Arena, hard rock fans can

Blue Oyster Cult. Montrose and the Quick, a highly-recognized local band, will also perform.

And to round out the holiday vacation, Lynyrd Skynyrd, Journey and the Alpha Band will take over the Long Beach Arena for a post-New Year's celebration on Jan. 2.

Guthrie tramps across Nation, Carradine is 'Bound for Glory'

by Russell Chesley

Watching *Bound For Glory*, the story of Woodrow Wilson Guthrie, is like taking a slow and careful look at a brilliant jewel as it's cut and polished to dazzling radiance.

Woody Guthrie was such a jewel, and the Hal Ashby film is a remarkable depiction of his transformation from a diamond in the rough into a hard and polished gem.

Director Ashby's light but firm hand turns the camera to frame each facet of the legendary folk-singer's character, recording every cut as it was made by incidents on the dusty back roads of America, in the boxcars of trains headed west and in the work camps of California where the Okies and Arkies flocked by the thousands during the Depression, hoping to pick crops for 4 cents a bushel.

From this, the whole man emerges, and the viewer sees Woody Guthrie transformed by experience from a restless young man, trying to break away from the tyranny of his background and looking for a better life for himself and his family, into an



BOUND FOR GLORY - David Carradine (in center) plays Woody Guthrie in this movie about life in the 1930 depression years.

activist, his dreams of a better world for everyone and his protests against the contemporary one polished into songs that pricked the conscience of America.

Woody Guthrie was a dreamer, and his songs are the dreams of the common man, his frustrations and his aspirations. Woody said, "There's singing in all of us," and when he sang, his songs were for the

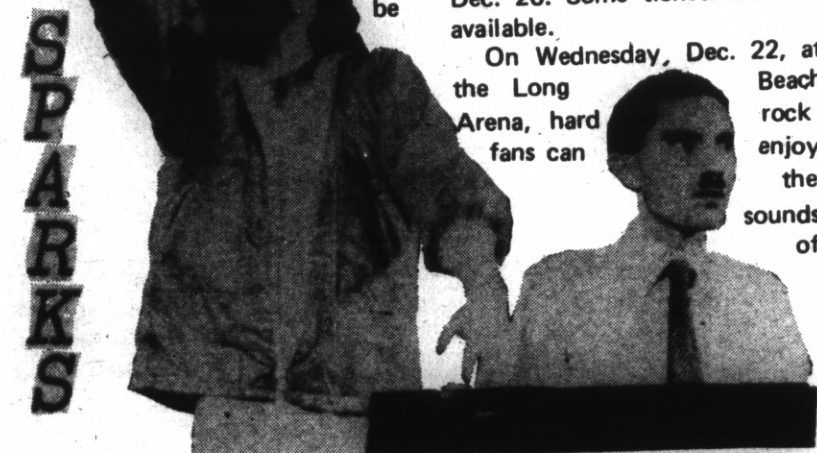
disenfranchised, for the abused and the beaten of this nation, and his voice was the simple, voice of the people.

Bound For Glory effectively captures the spirit and feeling of this simple man who was bigger than life and brings it to the

screen unfiltered and clear. Robert Gretchell's screenplay is as spare and lean as the environment from which Guthrie sprang, the scenes straightforward, the dialogue simple and direct.

David Carradine, as Guthrie, etches a portrait that is a classic in understatement and intensity. His stunning performance evokes the very essence of the man naturally and sincerely.

Ashby has put together a film that is both subtle and powerful in its simplicity. Content to tell the story of Woody Guthrie without preaching, exaggerating or exploiting the viewer's emotions, *Bound For Glory* is a triumph of restraint and outstanding craftsmanship.



TICKETS AVAILABLE - Russell (l) and Ron Mael, native Angelenos extremely popular in Europe and across the U.S. with their group Sparks, will headline a concert at the Santa Monica Civic Auditorium Dec. 31. Tickets are on sale at most ticket agencies, including the Liberty office at Wallich's Music City in Costa Mesa.

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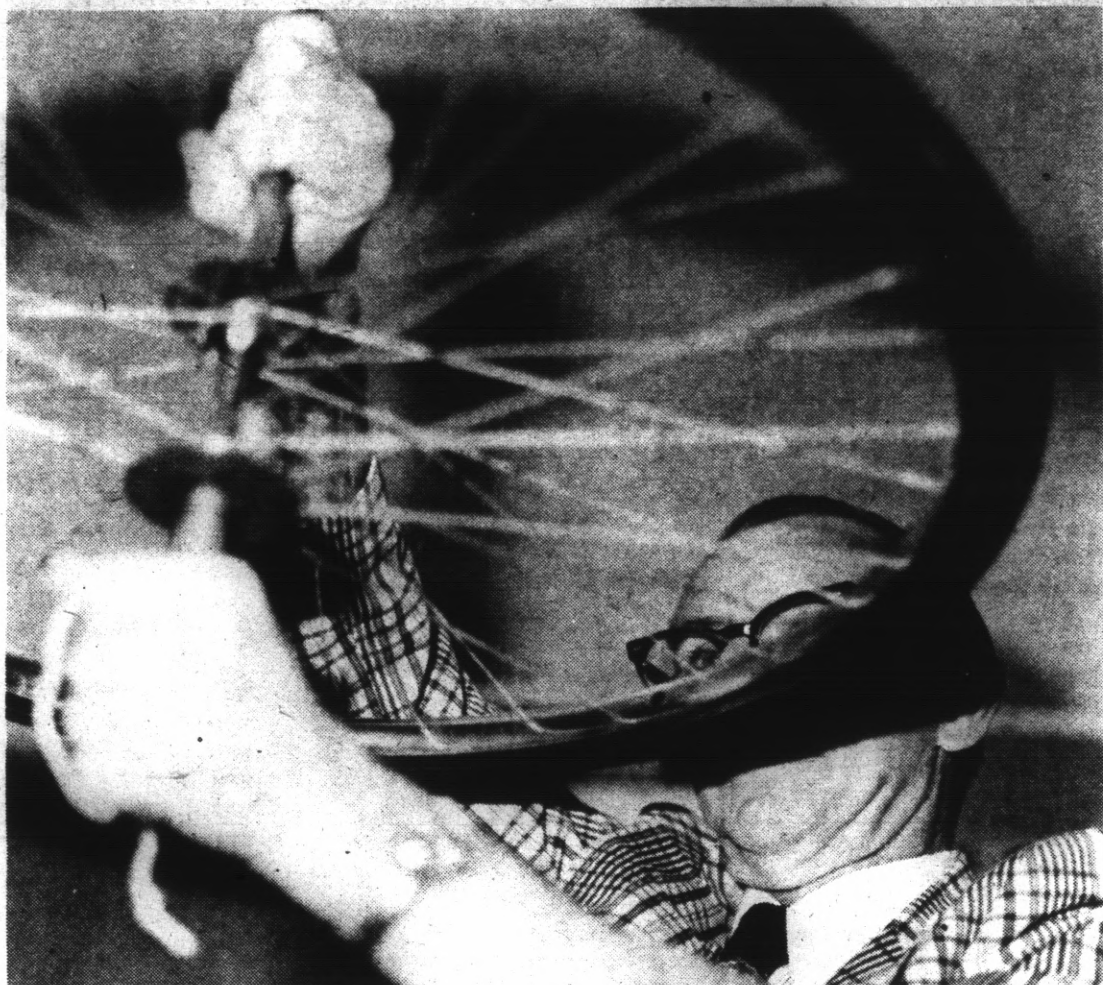
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Physics

[Relatively speaking]

keeps it

all in place



'ROUND AND 'ROUND - By changing the position of the spinning bicycle tire, science teacher Elmer Klippenstein makes use of the law of conservation of angular momentum to rotate his position on the swivelling stool.



OOPS! - Klippenstein has the situation well in hand then . .

Story and photos by Dave Busch



STRINGING ALONG - Angular momentum prevents the tire from falling even though it is being held by string on one side only.

The gadgets on this page look somewhat less than useful...but take another look.

The same principals that send Elmer Klippenstein 'round in circles guide the path of a rocket. And stereo speakers wouldn't make a sound if waves didn't also travel up and down Yong Kim's spring.

That's nice, you say? Well consider this—if the gentry class ever return to it's Eighteenth Century vogue you might want to use these same experiments to entertain your after-dinner guests. Ah, I see now you're interested, if so, all the experiments are part of SAC's Introduction to Physical Science class.

NEW WAVE - Physical Science instructor Yong Kim demonstrates wave travel with the help of a spring.



HUMBLE BEGINNINGS - This early experiment with a cathode ray tube and a magnet made present-day television possible.



TUNING IN - An oscilloscope reveals the ups and downs of a tuning fork.

Spikers 1st in nation

Volleyball team wins title with 49-0 slate

by Elaine Beno

It hadn't been done since 1962.

That was when SAC's gridders defeated Columbia Basin, Washington in the Junior Rose Bowl to capture the national championship.

Now, after a 16-year dry spell, the women's volleyball team has brought home SAC's fourth national title.

It's the first women's squad to do so and after it was done, a

perfect 49-0 match record had been registered.

Calling the finals a "total team effort," coach Nancy Warren and her eight Dons picked off Los Angeles Valley, 15-4 and 15-12, to take the crown at San Diego State last week.

SAC was one of three Southern California teams to finish in the top four spots at the end of the tournament.

Warren described the competition as, "the best volleyball match they (her team)

put together."

It was the third clash the spikers had with Valley during this season.

The squad defeated the Monarchs previously at the regional playoffs and at a tournament held at San Bernardino College.

Warren stated that the L.A. team had improved since the encounter in San Bernardino but, "we (SAC) started playing the way we're able to and the way we're capable of and it was no problem."

The Monarchs' match record stands at 35-5 and its coach Dee Stark, called the SAC volleyballers, "an excellent team with a super coach and super girls." Stark added that the women had super physical abilities.

During semi-final play against "the scrappy" Santa Monica team, however, the red and black was nearly defeated.

SAC lost the opening game of the match, 6-15. The team recovered during the second game, 15-10, but trailed 9-14 in the third round.

Santa Monica served the winning point in its favor five times but the Dons thwarted the attempts and returned to win the match, 17-15.

"Santa Monica was really playing," said Warren. "We just had to get up," she asserted. "We had so much to lose (especially the match record) that our desire to win was even greater."

One player, Rose Argo,

thought the athletes were going to be beaten by Santa Monica. "I thought: One mistake and it would be all over," she exclaimed.

"My hands were shaking and I was saying to myself, 'don't blow it Rose,'" she continued. By coincidence, this nervous competitor served up the winning point against Santa Monica in the third game.

The spikers celebrated their national title win during a victory party held at a team members house and the four women from Hawaii capped the celebration with a trip home for the holidays. The girls left last Tuesday morning for their homes in the islands.

More attention to the volleyball program from the community is expected next fall, said Warren. She added, "Hopefully there will be more spectators too."

The ever-optimistic coach was surprised that the San Diego nationals tournament was not as she imagined it would be, especially in attendance. SAC did have its own following of parents, friends and other players, though.

Grossmont College's mentor, Jean Sprunt, said, "there was a tremendous amount of work involved . . ." putting together a tournament.

Publicity, finding regulation-sized gyms for playing

and staging a banquet were some of the problems she ran up against.

Of the sports enthusiasts that attended the competition, Susan Scotti, SAC student, noted the different caliber of playing ability from the schools across the nation.

"Other sports are probably bigger than volleyball back East. There's such a concentrated interest in California. Three of the four top teams were coastal schools . . . the California teams play a faster game than the others," the girl reported.

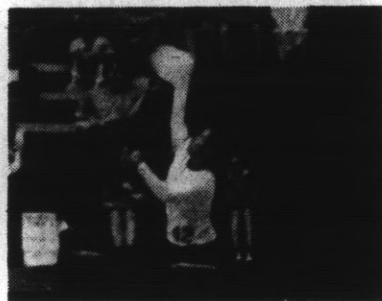
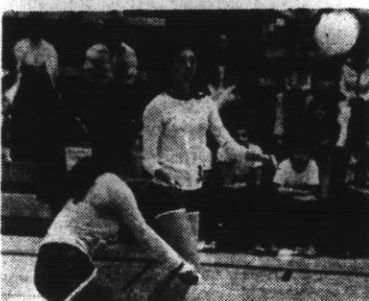
Warren expects the '77 squad to fair well. But "it's always hard to tell at a community college," she added.

Three players, Dana Jacobs, Amy Crotty and Argo will be transferring from SAC in June, leaving Dolly Kaawa, Bert Yomes, Angie Andrade, Penny Leialoha and Diane Elliot to defend the title.

However, Warren's coaching techniques will depend on the group as a whole.

"When you don't know who you'll have, how can you plan?" she asked.

With the five returning spikers, community college support and incoming freshmen that might be interested in a position on the team, the athletes will set a fast pace next season for the '77 title.



NUMERO UNO -- The undefeated women's volleyball team gathered together to celebrate the national crown they won last weekend. Top, bottom row, Amy Crotty, Bert Yomes and Rose Argo, top row, Angie Andrade, Penny Leialoha, Dana Jacobs, Dianne Elliott, Dolly Kaawa and Coach Nancy Warren. Left, Andrade receives serve and, right, Yomes delivers serve.

Freshman George Vega

County's prep mat champ finds college foes tougher

by James Hughes

After being Orange County champion at the 158-pound wrestling class in his senior year of high school, Freshman George Vega has the pressure on him to uphold his reputation.

"I talked to George about going to college and he made a wise choice in staying local," Dick Lindner, Santa Ana High School's head wrestling coach said. "He is known and respected around here."

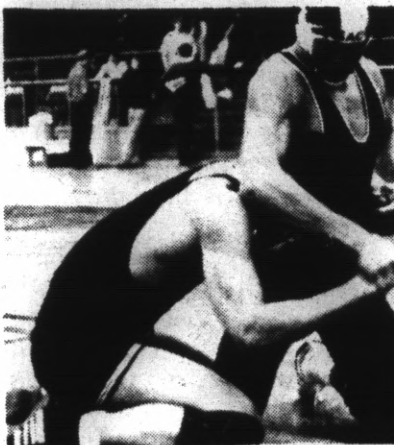
Vega went from a 5-3-0 record in his freshman year at Santa Ana High to a 28-0-0 record in his senior year. So far this year he beat his opponents from Pierce and Palomar.

According to his former coach, Vega will be good this year, but he is just starting out. "There are people with good college experience ahead of him, but next year he will be sensational," Lindner said.

"I'm just like any other freshman." With two state champions from last year in his weight class, grappler Vega feels he's somewhat of an "unknown".

Vega also played football in high school, but dropped it from

his college endeavors. He wanted to "devote more time to wrestling," because he plans to be educated by athletic scholarships. Football also had possibilities of causing injuries.



FLEXING HIS MUSCLES -- George Vega grips opponent Randy Kim, of Palomar College.

"I didn't want to hurt my leg and not be able to wrestle," Vega said.

Along with dropping football, Vega also took four weeks to lose 11 pounds from his already lean physique.

SAC's wrestling program is the "best around," according to Vega. "We're in the best shape," he said. "The teams that we

wrestle are gassed in the third round and we're still going strong."

Vega lost to last year's state champ at the 150-weight class, but plans to change things at their next meeting. "If I get my head on straight and work hard I can win," he said.

Vega was not blessed with a natural athletic ability, according to his high school coach. "He worked hard for what he got."

Don Shuler, a two-time All-American, state champ and California's 1975 Wrestler-of-the-Year from SAC, was instrumental in the determination of Vega. Shuler wrestled at Santa Ana High when Vega was a freshman. The Don great was CIF-SS Champion at 168 in his junior year, and 157 in his senior year.

"He helped me out," said Vega. He and Shuler worked out together at times.

Vega won Athlete-of-the-Year last year at Santa Ana High. Being both competitive and inspirational, Vega did more for wrestling at Santa Ana than wrestling did for him.

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SAC sharpshooter shines

Smith guns his way to fame

by Ray Crawford

In a recent intersectional encounter with the Long Beach State JV's, a school that is traditionally known for quality basketball, Don scoring whiz Steve Smith could be seen dribbling downcourt with an intense, but frightening expression on his dark, somber face.

With 21 points already to his credit, and his team comfortably cruising to victory with a 61-49 lead, the sterling 6'2" backcourt ace quickly pounded the ball to the floor, as he swiftly sped past a hapless 49er defenseman with astonishing ease.

"I want to be the greatest at my position. Working hard is the only way that I can be great."

As he approached the free-throw line — much to the chagrin of the Long Beach squad, Smith confidently let fly a beautifully high-arched 17-foot jumper. Classically launched, the ball appeared magnetized as it softly nestled through the net. As it slithered through, the sweet, breathless sound of ... swsssh had iced its beauty.

To the delight of the partisan Long Beach Arena crowd, an appreciative roar managed to ascend through the spacious auditorium in reference to the spectacular shot witnessed.

Within the time span in which one could hardly blink an eye; Smith, being the jumpshot marvel that he is, had just demonstrated why he's probably the premier guard in the "Golden State" on the community college level.

Blessed with a smooth and rhythmic shooting release, the talented sharpshooter flips the ball with a quick snap of the wrist, which provides the ball with the necessary backspin needed for a soft-shooting touch.

"I like to shoot the ball ... 'cause I can shoot it," stated Smith in a confident tone of voice that reflected the knowledge of his own shooting skill.

"Right now I'm scoring a lot of points 'cause our team is young, and they need somebody to lead the way," explained the sophomore star philosophically.

A prideful individual, the 20-year-old Baltimore native often appears in a peaceful state of mind. And, when he speaks one is totally enthralled with the idealistic thoughts that lurk



STEVE SMITH

within him.

"I want to be the greatest at my position," revealed the Don star. "Working hard is the only way that I can be great. And everyday at practice I do a little something to improve myself.

"You see, basketball gives me a peace of mind," explained Smith calmly. "I get a good feeling when I step on the court because I know that I'm going to enjoy myself — I know that I'm going to get a chance to entertain people ... and that's what I like to do."

It's quite obvious that the scoring wonder has enjoyed himself thus far. A consummate guard, the exciting basketball wizard has antagonized the Don opposition with a wide variety of shots. This is proven by his 27.6 scoring average, which leads the county in scoring.

Included in his repertoire are the turnaround jumper, a left and right-handed hook shot, and a picturesque fall-away bank shot off the glass. And, for those occasions when he's in the crowd-thrilling mood, the graceful guard will excite the fans with a bone-jarring slam dunk.

"I can't always depend on my jumper, so I decided to work on other kinds of shots this year," said the lithe guard.

Off the court, Smith usually occupies his mind to the

soothing sounds of jazz. Donald Byrd, Roy Ayers, and the Jazz Crusaders are a few of his favorite recording artists.

"Without my jazz I don't know what I'd do," stated Smith. "You'd have to say,

"I want both championships. Deep inside, I know this team can do it"

outside of basketball and girls, it's my pride and joy."

Although Smith is happy with his own individual success, he clearly makes it known that a league-and state championship lingers on his mind.

"I want both championships," emphasized Smith. "Deep inside, I know this team can do it."

Coach Rolland Todd's cagers are competing in the Modesto Tournament. The tourney began on Wednesday, featuring the best community college basketball teams in the state, but results were not available at press time. SAC entered the tourney with a 5-2 record after a 90-87 victory over Pasadena last week.

Addleman stresses conditioning for his dedicated wrestling unit

"Wrestling is a very enduring sport. It takes a special kind of athlete to train," said Coach Frank Addleman of the Don mat team.

The training of the matmen has many aspects to it. Coach Addleman explains the techniques and differences.

"The team members have to make a lot of sacrifices for themselves," explained Addleman. "The player must help himself get into condition in and out of season."

Addleman tries to emphasize weight, training and conditioning out of season. This semester marks the first time that the team has been weight training along with their regular training session.

The session usually runs a

vigorous two-and-one-half to three hours long, then weight lifting continues for another half an hour. Occasionally, training will involve yoga.

Addleman recommends following a complex carbohydrate diet. This includes vegetables, fruits and starches. Large amounts of liquids are also included, due to the ability of the wrestler to sweat off six to seven pounds in one session.

"The wrestler is pretty aware of his condition and weight," said Addleman. "He can usually stay within five pounds of his wrestling weight during the season."

The coach feels carbohydrates are much better for an athlete no matter what sport he is in. He feels that

eating something like a steak before playing is the worst thing a player can do. "Bean burritos and rice would be better," explained Addleman. "The energy used just in breaking down the steak is too great."

Using these techniques and training, the coach looks to the future. "It is hard on the team when you have as many injuries as we have," said the coach. "We're doing OK now but see improvements towards the end of the season; at that time we will be in the season of individual tournament wrestling," he continued.

"The Don grapplers have always emphasized state over dual competition. We hope to pull out and take many titles for the year," concluded Addleman.



Plan on skiing? Forget it!

The so-called ski season is upon us, but the skier is asking the ultimate question, "Where is all the snow?" Colorado, Utah and Nevada haven't stolen it from us. They too, are hard hit by the dry winter.

Such a condition of weather causes problems for the ski oriented industries and resorts. Usually the local resorts, such as Snow Valley, Summit and even as far as Mammoth, are working on somewhat regular basis at this time of the year. Their income and work have been drastically cut.

Summit has been open weekends with a man-made snow effect trying to attract skiers and create business, but somehow it just isn't the same as the real thing.

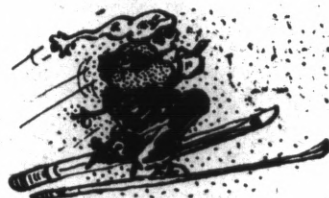
Weather forecasts for the future are promising snow though. Although it is very late in the year, wet weather is expected in the future. With that good news, now the skier can begin to plan a vacation on the slopes.

Airlines, resorts and clubs

throughout the West offer their fun-packed three-day excursions or month-long holidays. Locally, a skier can get some pretty good deals. Cal State Long Beach has a very good ski club; planning a trip to Aspen for seven days, the cost is \$180 for transportation, food, lodging and lift tickets.

If you don't want to get into school clubs, there are many outside clubs to join. One large club is Farwest, it consists of 30,000 members. Farwest always has a trip running to Mammoth Monday to Friday. The trip includes roundtrip air transportation, five days skiing, lodging and food for \$158.

Whatever the preference be, when the mountains turn from brown to white, to some skiers it won't matter where they are just so long as there is good snow beneath their feet.

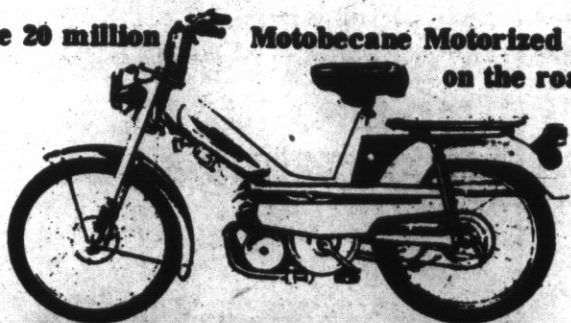


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Baseballers anticipate play after intense fall tuneup

by Gary Witte

Last year SAC was garnished with baseballers who won more games than any other team in the history of the college. "Next spring the team should be even better," beamed Jim Reach, coach of the Don battery unit.

Since school began in September, the baseballers hopefuls have been practicing for the '77 season. A lot of refining needs to be done before the season officially begins. Reach explained that throughout the fall no one would be cut, but that by spring, he and the staff would know who would be playing.

SAC cannot sponsor the team outside of the regular season, so it meets in its basic make up and plays in a "scout league." There, the coaches can get an idea of what the team's potential is. The games are played in unison with a baseball class offered at the college against other teams in the area.

Marty Castillo, an all-conference star from Fullerton College, will be fighting for the third base position.

Brian Burke, another expected starter and returnee from last year's 26-10 second place team said, "The line-up will be set in the pre-season and we are going to have a lot better team."

"In the college ranks there isn't the lost momentum between sports. The team has been together since the fall and will be refined by the time we have our first practice on Jan. 3," Reach commented.

"Even though we have been together awhile, no one has any position sewn up. We don't think that one player is better than another anywhere. There is a lot of unity and our secret to success will be consistency," the ex-Fullerton star remarked.

"I came to play here because there is a lot more discipline here. It's a classy situation." Castillo

The coach said that Cerritos will be the team to beat this coming year and that they probably will be rated number one in the pre-season ratings. The Falcons edged out SAC for the championship last year - a vendetta is imminent.

An important addition to the program this season will be a new diamond. The plushly sodded field will be finished in plenty of time for this season. The diamond will be located where the old field was, with a new face.

Eleven returning lettermen are in the ranks competing to play again next spring. Reach explained that the competition is so acute, that perhaps some of the starters last year may not make the team this time around.

Two freshmen will not be returning. They are Greg Johnson and Dennis Burt. Both, fine pitchers, were recruited by professional rookie farm clubs. Johnson led his league in strike outs, playing for an Angel farm club, while Burt compiled a 6-0 record and a 1.70 ERA hurling for a Red Sox team. The result of their absence will be felt, but hopefully not manifest. Reach offered, "We have some fine untapped potential in our pitchers this season."

Baseball in the South Coast Conference is among the best in the nation on the community college level. It draws a lot of

attention from the pros and, although the competition is tougher, an opportunity for greater exposure presents itself. The coach also mentioned that with such a strong nucleus, a successful season will be pursuant.

"I can't say enough about my assistant coaches. We couldn't have a couple of more qualified men than Don Sneddon and John Vaught." All three coaches direct their baseball class in the "scout league."

The coaches want to refine the team and extract especially good pitchers as they prepare for season play. Coach Reach said that if the pitching crew comes through, the battery team will be improved in all nine positions over last year. "We will be consistently good, and are looking forward to spring," he concluded.



Victor Cota

Sports Editor

Merry Xmas coaches

They tell me Christmas is a time for giving gifts. Well then, here are my presents to those who need them most - the coaching staff.

To Howard Black I give an "improved-plus" football squad. After almost every game (even if the team lost - and they did, six out of nine times), Black would come back Monday mornings and report his unit had improved. The score the previous Saturday night may not have indicated so, however, but the coach wouldn't let such a minute matter as that interrupt his optimism.

To Nancy Warren I give a volleyball of Hawaiian punch. After winning the national women's title in volleyball with four Hawaiians on the team, Warren is likely to receive calls from more athletes from the forty-ninth state and that may be good for SAC. Warren always said it took a "team effort," but sometimes I wonder if by team she meant four.

To Dan Goldmann I give the state soccer title with a little Rustler flavor. In the school's first soccer campaign the futbolistas went to the state finals before finally bowing out. But next year, when most of the starters return (plus a few who may transfer from a nearby joint), the booters are likely to take it all.

To Rolland Todd I give Steve Smith. The basketball mentor may think he already has the classy shooter, but el DON readers may not know this because in the cager preview (Nov. 19 issue) I wrote, "... this year's squad will go without the services of the fantastic trio of Howard Avery, Steve Smith and Blake Taylor ... but the loss of the three ... is of little concern ... to Todd." If you don't believe I'm giving Todd his star, see page 14 of this issue.

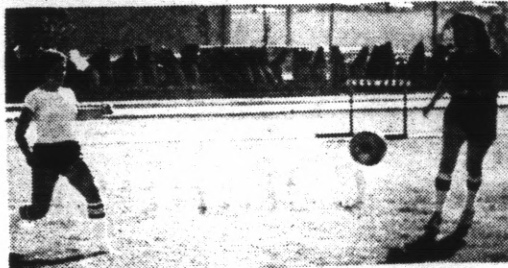
To the other coaches I give patience so they too may someday be able to see their names in print.

Women also play soccer? Sure!

Soccer appeared for the first time in the class catalog last spring. Then in the fall it showed up again. Two classes are held this semester, but a specific requirement has been violated.



The catalog reads, "Soccer for Men," but involved are women participants. Photographer Sergio Zamora captured them.



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Commentary

Women in spotlight

The once-bleak ladies' sports are finally beginning to crack the popularity poll and are receiving considerable attention

by Beth Scherer

Women's sports have been receiving more attention the last few years. Golf and tennis are the only sports which have garnered near equal coverage and comparative purses, and of these the latter has been the champion of this recognition.

The battle of sports equality has spread to campuses which are now required by law "to provide comparable opportunities for participation in intercollegiate athletic programs for women." This is in accordance with a controversial NCAA ruling called Title IX. With the expansion of women's sports programs, the interest in the potential of professional women's sports has risen.

"All of the men and 91 per cent of the women enjoy participating in such activities as tennis, volleyball, golf, skiing, swimming, 'playing around' and 'Friday night chugging.'"

Some SAC students and two coaches were recently questioned as to whether they believed there was value in this expansion.

It was found that 100 per cent of the women and 94 per cent of the men enjoyed watching major sports such as football, tennis, baseball, hockey, basketball and gymnastics. All of the men and 91 per cent of the women enjoy participating in such activities as tennis, volleyball, golf, skiing, swimming, 'playing around' and 'Friday night chugging.'

This revealed that the majority of students are involved in and enjoy sports with gender or age making no difference in activities preferred. The biggest split came with the question "Does it anger, excite, or do nothing for you when a woman is victorious over a man in an athletic event?"

The general male response was "nothing." One man responded with "if she is the underdog it is quite exciting." Another stated, "It would probably anger me, but no top woman could beat a top male in any sport."

Richard Brickhart, who played football at San Diego State, commented, "It makes me wonder if the man was at peak performance."

from good competition, not a sexist challenge.

The most agreed upon point was that women are not physically strong enough to compete in "hard" sports. A full 85 per cent of all surveyed expressed that belief.

Two women claimed that, while males were stronger, when it came to sports requiring mental concentration, intelligence and stamina, the

administrator, responded, "The media should cover women's sports in order to generate more widespread interest, as it did in men's." A majority of the women, 76 per cent, agreed.

Only 42 per cent of the men felt women's events should get more coverage. Others said it should be based on whatever the "market will bear" or that women are not "ready" for more coverage.

ensure success. This sampling showed that most people are ready to accept and enjoy women athletes. Tom Ward summed up the opinions saying, "Physical capabilities would seem to be the only major drawback."

"Woman's final frontier in equality will be in sports because it is a direct attack on the masculinity of the male." -Van Dran

Women's basketball Coach Sally Palmer expressed beliefs similar to the students. She said that while females lack the size, strength, and quickness a male has, they are still exciting performers and should receive equal pay and more coverage.

Former football Coach Doug Gorrie also agreed with the majority. He said that in regard to "sheer power, the man has it over the woman," but when it comes to grace or balance, the woman has the edge. Gorrie also said that women's competition is "very exciting and beautiful," especially in areas such as gymnastics and ice skating.

Many females view women's sports as a battleground for equality. Lisa Van Dran, journalism major, summed up this belief: "Woman's final frontier in equality will be in sports because it is a direct attack on the masculinity of the male."

Smith Pineo, also majoring in journalism, feels that the general thinking of society must change before women can succeed in professional sports. "As people begin to think more rationally and foresake middle-ages ideals, equality can become a reality, I hope."

It appears the majority of the people asked hope so too.



Fifty per cent of the women claimed a female victory would excite them. Jan Kiewel, who works in a law office, said a victory would delight her "because males think they have it over women athletically." Some claimed it would be a victory in the "struggle to be equal."

Cathy San Roman, a novice photographer, derived satisfaction from the thought of a woman's triumph, stating, "It fills me with a 'ha ha, you men' feeling."

Other women felt that excitement would be derived

women would be on an equal or higher level.

Another point of agreement was that women should receive equal pay in exhibition events if they can draw the same crowd. Brickhart commented, "Their games are just as exciting, if not more so in some cases."

"... in regards to 'sheer power, the man has it over the woman,' but when it comes to grace or balance, the woman has the edge." -Gorrie

On the question of more coverage for women's sports, Cindy Geisbush, future business

Tim Arhlen, bartender and liberal arts major, felt harm could result with more coverage, stating, "Don't blow a good thing! Any more and I think it would get old."

Most people questioned felt that a woman athlete does not sacrifice her femininity. Most believed that athletics help keep a woman in shape and can enhance her personality.

With the expansion of school athletic programs for women and the establishment of professional women's leagues, the public interest in women's sports must also expand to

"Pssst! Riding the bus to school saves me a lot of bread. Pass it on."



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